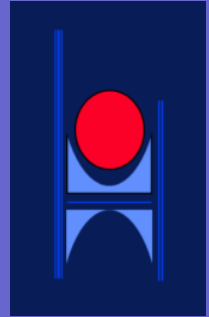


World Hellenic Biomedical Association



An Illustrated
Historical Account

Nick Bouras



www.whba.co.uk



1990-2005: 8 WHBA Conferences & Congresses

- 1st World Medical Conference of the Hellenic Diaspora, 8-12 May 1990, [Athens](#)
- 2nd World Bio-Medical Conference of the Hellenic Diaspora, 15-19 May 1992, [Athens](#)
- 3rd World Bio-Medical Conference of the Hellenic Diaspora, 21-23 October 1994, [Athens](#)
- 4th World Bio-Medical Conference of the Hellenic Diaspora, October 1996, [Nicosia, Cyprus](#)
- 5th World Bio-Medical Conference of the Hellenic Diaspora, 3-5 December 1998, [New York](#)
- 6th WHBA Congress 11-15 October 2000, [Athens](#)
- 7th WHBA Congress, 19-21 May 2003, [Athens](#)
- 8th WHBA Congress, 16-18 May 2005, [Athens](#)

Links between Hellenic Medical Societies



- The Hellenic Medical Society of the UK
- Te Hellenic Medical Society of New York
- New England Hellenic Medical And Dental Society
- Austria
- Hellenic Bioscientific Association (HBA)-USA
- Australia
- Athens Medical Society



WHBA Aims

1. Promote the co-operation in Medicine and Health Sciences among Greeks or Greek origin doctors, scientists and professionals living abroad.
2. Create a federation of all HMS in the world by bringing them under a single framework.
3. Develop and maintain a database of all Greek or Greek origin Bio-Medical colleagues around the world.
4. Establish scientific and professional links with the Bio-Medical Academia of Greece through the Greek Medical Schools and Greek Learned Bio-Medical Societies.
5. Promote the dissemination of Hellenic Bio-Medical Diaspora Worldwide



WHBA Objectives

1. Organise international and regional congresses, conferences, symposia, workshops and courses.
2. Publish journals, newsletters, books and brochures for the dissemination of information.
3. Assist in education, training and providing educational programmes and materials.
4. Establish international exchange programmes.
5. Promote international collaborative research projects.
6. Provide such other services and develop such other functions as are compatible with the purposes of the Association and may be authorised by the Council.

The Association is a non-profit making organisation and shall not seek to promote any political, economic or religious aims.



History of the WHBA I

The 1st World Medical Conference of the Greek Diaspora was held in 1990 in Athens hosted by the Athens Medical Society. The inaugural meeting was attended by doctors and scientists from Britain, USA, Canada, Australia, Latin America, Africa, Germany, France, Italy, Austria, Belgium, Holland, Switzerland, Spain, Sweden and Russia and there were over 100 scientific presentations. The initiative was carried out jointly by Theodore Mountokalakis of the Athens Medical Society and Nick Bouras of the Hellenic Medical Society of Great Britain.



History of the WHBA II

- A decision was made at the 1st Conference to form the World Hellenic BioMedical Association. A steering group was assigned to prepare the constitution and organise the 2nd Conference in 1992. The BioMedical Bulletin of the Hellenic Diaspora was published in 1991 connecting together medical and biological Greek scientists all over the World. The WHBA was formally established in Cyprus in 1996 during the 4th World Biomedical Conference organised jointly with the Pancyprian Medical Association.
- At the same time the publication of the Hellenic Medical Journal was launched. In the meantime the 2nd World Biomedical Conference took place in Athens in 1992 as part of the 18th Annual Panhellenic Medical Conference and the 3rd in Athens at the War Museum, independently from the Panhellenic Medical Conference.



History of the WHBA III

- The 5th World Hellenic Biomedical Conference took place in 1998 in New York organised jointly with the New York Hellenic Medical Society. Since then the 6th, 7th and 8th World Hellenic Biomedical Congresses took place in Athens and the 9th is planned to take place in Paphos - Cyprus on 27-30 September 2008.
- An illustrated historical account of the evolution and the activities of the World Hellenic Biomedical Association is presented. A more detailed historical analysis is in preparation by Nick Bouras, while Spyros Retsas has written the History of the 20 years of the Hellenic Medical Society of Great Britain (http://www.hellenicmedicalsocietyuk.org/HMS_History.pdf)

1st World Medical Conference of Greek Diaspora Athens 1990

FIRST WORLD MEDICAL CONFERENCE OF GREEK DIASPORA

GROWING POINTS IN BIOMEDICAL SCIENCES

ATHENS • GREECE • 12 - 14 MAY 1990

REGISTRATION AND CALL FOR PAPERS

HELLENIC MEDICAL SOCIETY OF GREAT BRITAIN
P.O. BOX 955, LONDON SE1 9RW, U K.

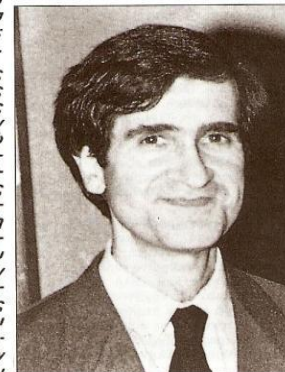
ΔΥΟ ΠΡΟΕΔΡΟΙ ΧΑΙΡΕΤΟΥΝ

Ο πρόεδρος της Ιατρικής Εταιρείας Αθηνών Θ. Δ. Μουντοκαλάκης χαιρετίζει τους συνέδρους της Διοσποράς με το ακόλουθο μήνυμα: «Με μεγάλη χαρά, εκ μέρους του αρχαιότερου ελληνικού επιστημονικού σωματίου, σας καλωσορίζω στην κοινή προγονική γη. Η επιστημονική συνάντησή του Απόδημου Ελληνισμού που εγκαινιάζεται σήμερα με πρωτοβουλία της Ελληνικής Ιατρικής Εταιρείας της Μ. Βρετανίας, εξασφαλίζει μια μοναδική ευκαιρία για γνωριμία και συνεργασία των Ελλήνων που εργάζονται σε βιοϊατρικούς τομείς μέσα και έξω από την Ελλάδα. Ελπίζουμε ακόμα ότι κατά την παραμονή σας στη χώρα μας, θα βρείτε το χρόνο για να ξαναανακαλύψετε τις ομορφιές της, ώστε επιστρέφοντας στον τόπο όπου εργάζεστε, να έχετε ήδη αποφασίσει να γυρίσετε πίσω στην Ελλάδα για μια ακόμα φορά —ποιος ξέρει; αυτή τη φορά μπορεί οριστικά...»



Θ. Μουντοκαλάκης

Ο Πρόεδρος της Ελληνικής Ιατρικής Εταιρείας Μεγάλης Βρετανίας Νικάνδρος Μπούρας απευθύνει στους συνέδρους τον ακόλουθο χαιρετισμό: «Θεωρώ μεγάλη τιμή και μοναδική εμπειρία στην επιστημονική μου σταδιοδρομία να είμαι Πρόεδρος της Ελληνικής Ιατρικής Εταιρείας Μεγάλης Βρετανίας τη χρονιά που συμπίπτει με τις εργασίες του Πρώτου Παγκόσμιου Ιατρικού Συνεδρίου Ελλήνων της Διοσποράς. Με την ευκαιρία αυτή χαιρετίζω όλους τους συναδέλφους στο εξωτερικό και στην πατρίδα και συγχαίρω όλους εκείνους που συνέβαλαν στην οργάνωση και επιτυχία του μοναδικού αυτού Συνεδρίου.»



Νικάνδρος Μπούρας

1st World Medical Conference of Greek Diaspora Athens 1990



η εφημεριδα του συνεδριου



ΑΦΙΕΡΩΜΑ ΣΤΟ 1ο ΠΑΓΚΟΣΜΙΟ ΣΥΝΕΔΡΙΟ ΕΛΛΗΝΩΝ ΙΑΤΡΩΝ ΤΗΣ ΔΙΑΣΠΟΡΑΣ

ΕΤΟΣ 11 • ΦΥΛΛΟ 4

ΣΑΒΒΑΤΟ 12 ΜΑΪΟΥ 1990

**Όπως δήλωσε στην «Ε.τ.Σ» ο Πρόεδρος της Οργανωτικής Επιτροπής Νίκανδρος Μπούρας
ΣΤΑΘΜΟΣ ΣΤΗΝ ΙΣΤΟΡΙΑ ΤΗΣ ΕΛΛΗΝΙΚΗΣ**

**ΙΑΤΡΙΚΗΣ ΤΟ 1ο ΠΑΓΚΟΣΜΙΟ ΣΥΝΕΔΡΙΟ
ΤΩΝ ΕΛΛΗΝΩΝ ΓΙΑΤΡΩΝ ΤΗΣ ΔΙΑΣΠΟΡΑΣ**

**Ελληνες γιατροί της διασποράς συναντώνται
αύριο φιλοξενοούμενοι της Ιατρικής Εταιρείας**

Το 16ο Πανελλήνιο Ιατρικό Συνέδριο είναι πλέον ιδιαίτερα σημαντικό. Όχι μόνο συνέχισε την παράδοση της αλόγιστης επιστημονικής δράσης και του υψηλού επιπέδου επιστημονικών εργασιών που παρουσιάζονται σ' αυτό, αλλά «επισημαίνεται» με ένα πρωτότυπο μετασυνεδριακό γεγονός, το 1ο Παγκόσμιο Συνέδριο Ελλήνων Ιατρών της Διασποράς.

«Η παρουσία Ελλήνων ιατρών σε πανκοσμίου φάσης ερευνητικά κέντρα και νοσοκομεία του εξωτερικού είναι έντονα αισθητή και δυναμική. Υπάρχουν δύο κατηγορίες Ελλήνων ιατρών της διασποράς: Εκείνοι που έφυγαν

σαν πρώτος πρακτικός στόχος, τίθεται η συγκέντρωση όσο γίνεται περισσότερων διεθνήσιων αμετανόητων ιατρών και όσο προχωράει η διαδρομή αυτή τόσο εδραίωνεται η πεποίθησή μας, ότι υπάρχουν Έλληνες επιστήμονες σε όλα τα μέρη και πάλι της Γης, που τα επιστημονικά τους ενδιαφέροντα καλύπτουν κάθε τμήμα των βιοιατρικών επιστημών.

Αναλόγησαν συναμμιές και συνεννόηση με την Ιατρική Εταιρεία Αθηνών, για την εκπόση τεχνικών δυσκολιών και για τον καθορισμό του προγράμματος του Συνεδρίου. Αποφασίσθηκε η συνάντηση να γίνει στην



Κορυθαίικης μέλος της Οργανωτικής

Επιτροπής μετά την ομιλία του ιατρού Σπύρου Ρίτσιου, που θα είναι σχετικά με το επίκαιρο θέμα των Ολυμπιακών Αγώνων.

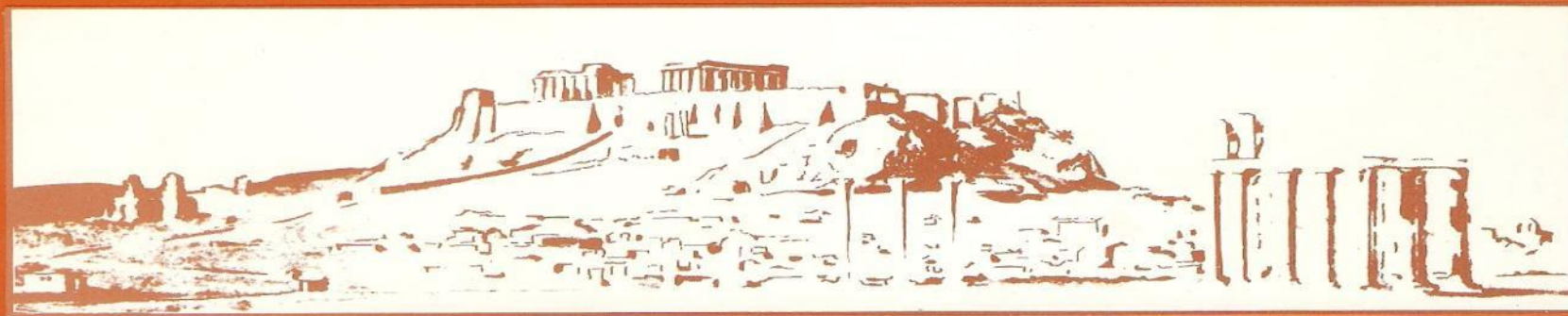
Με απαιτητικότητα αναμένονται τόσο τα αποτελέσματα των επιστημονικών εδωσαν οι συνέδριοι σε εμπειρογολόγο που μεριάζει η Οργανωτική Επιτροπή, όσο και τα συμπεράσματα που θα προκύψουν από την ανοιχτή συζήτηση την Κυριακή 12, απαγορεύεται τους στόχους του 2ου Παγκόσμιου Συνεδρίου Ελλήνων Ιατρών της Διασποράς, Πάντως, από ανεπίσημες συζητήσεις των συνέδριων, η ιδέα του να συνεχισθούν οι συναντήσεις αυτές υλοποιείται έντονα και πολλές εν-

και στην περίπτωση του Συνεδρίου αυτού, υποδείχθηκε αυτό που έχει αρχίσει από τον Carl Sauerbrey που είναι δεν μπορεί να συμβεί, αν πρώτα δεν ξεκινήσει από ένα σωστό, πιστευό με εκφράζοντάς, ότι η μορφή αυτή επικοινωνίας των Ελλήνων ιατρών πρέπει να συνεχισθεί, κάθε φορά με νέες ιδέες, στόχους και προβληματισμούς, με μοναδικό τελικό σκοπό όπως στο κέντρο όλων αυτών των ιατρικών δραστηριοτήτων μείνει η πρόσχημ ενδοθρησκ, και όχι οι κρήμερες εκδοχές. Με την ευχή αυτή η Οργανωτική Επιτροπή του Συνεδρίου, παραδίδει στην κρίση σας τη συλλογική αυτή εργασία.

16^ο ΕΤΗΣΙΟ ΠΑΝΕΛΛΗΝΙΟ ΙΑΤΡΙΚΟ ΣΥΝΕΔΡΙΟ



ΠΡΟΓΡΑΜΜΑ



INCLUDING PROGRAMME OF
FIRST WORLD MEDICAL CONFERENCE OF GREEK DIASPORA

ΑΘΗΝΑ, ΞΕΝΟΔΟΧΕΙΟ «ΚΑΡΑΒΕΛ», 8-12 ΜΑΪΟΥ 1990

ΙΑΤΡΙΚΗ ΕΤΑΙΡΕΙΑ ΑΘΗΝΩΝ, ΠΑΠΑΔΙΑΜΑΝΤΟΠΟΥΛΟΥ 4, 115 28 ΑΘΗΝΑ, ΤΗΛ. 7211845



1st World Medical Conference of Greek Diaspora Athens 1990 Conference Organising Committee:

Hellenic Medical Society of Great Britain:

N. Bouras, A. Epenetos, D. Kardamakis, G. Panayi, G. Sivolapenko

Athens Medical Society:

Th. Mountokalakis, V. Thouas, G. Rigatos, L. Papakosta-Papadimitriou, A. Polychronis, A. Katirtzoglou, C. Melissinos, A. Stavropoulou-Gioka, P. Ziroyannis

International Advisory Board:

H. Antoniadis (Boston), S. Avrameas (Paris), Y. Capetanaki (Houston), G. Carayanniotis (Toronto), N. Christofides (Melbourne), M. Dalakas (Bethesda), A. Georgopoulos (Baltimore), G. Gregoriadis (London), P. Iatridis (Gary), P. Kitridou (Los Angeles), N. Madias (Boston), S. Moraitis (Melbourne), H. Moutsopoulos (Ioannina), K. Nicolaidis (London), J. Papaconstantinou (Texas), Polyzoides (London), H. Proukakis (Athens), M. Seremetis (Georgetown), D. Stavrou (Munich), Theophilopoulos, (California), G. Tolis (Athens), G. Tsokos (Bethesda), T. Valaes (Boston), J. Volanakis (Alabama)

1st World Medical Conference of Greek Diaspora Athens 1990

Members of the organising committee



Γ. Πανάγης, Δ. Επαινετός και Ν. Μπούρας, μέλη της Οργανωτικής Επιτροπής του 1ου Παγκοσμίου Συνεδρίου Ελλήνων Γιατρών της Διασποράς.





1st World Medical Conference of Greek Diaspora Athens 1990

Scientific Programme Symposia:

- Recent Advances in Oncology
- The Interface of Physiology and Clinical Medicine
- Current Themes in Biomedical Research
- From Sciences Research to Clinical Medicine
- Oncology Research Today, Cure Tomorrow?
- The Interface of Immunology and Clinical Medicine
- Advances in Surgery
- Current Themes in Education and Training
- Recent Advances in Fetal Medicine
- Recent Advances in Immunology
- Closing Special Lecture: Medicine and the Olympic Games of Antiquity



1st World Medical Conference of Greek Diaspora Athens 1990 Special Lecture by Spyros Retsas

Medicine and the Olympic games of antiquity

S. Retsas

"... now the founders of our great festivals are justly praised for handing down to us a custom by which, having proclaimed a truce and resolved our pending quarrels, we come together in one place, where, as we make our prayers and sacrifices in common, we are reminded of the kinship which exists among us and are made to feel more kindly towards each other for the future, reviving our old friendships and establishing new ties ..."

Isocrates (in *Panegyricos*)

Isocrates was an Athenian political observer of the fourth century BC. He wrote *Panegyricos* as a speech to be delivered at a Panhellenic gathering at Olympia. Politics, in a positive way, were part of the Olympic games of antiquity as much as they are of today's.

An obsession with excellence

Medicine — at a time when anabolic steroids could not molest natural excellence—was different, but deeply concerned about athletics, as it is today. To understand the most revered and inviolable institution of the ancient Hellenic world, the Olympiad, one has to comprehend the values and ethos of ancient Greece. A passionately naturalist people (how else could it be in that glorious climate?), with a religion that cared for no afterlife but for gods with human weaknesses and humour, those Hellenes shaped a culture whose central theme was an obsessional concern for excellence. This spirit found its best expression in the gymnasium, the central place of Greek civic life in the city state, and was ultimately glorified in the Panhellenic athletic festivals.

S. Retsas, MD, MRCP, is Senior Lecturer in Medical Oncology and Honorary Consultant Physician at Westminster Medical School, Westminster Hospital, London

Philosophy and sport

Originally the *gymnasija* were places where the young men would exercise in athletics naked (*gymnoi*) (Figure 1). This, in fact, is the real derivation of the word for the modern gymnast exercising on bars. Gradually, as the symmetrical and harmonious training of body and mind became the educational concern of the state, the *gymnasija* became places of learning and intellectual pursuit. The Academy and Lyceum in Athens where Plato and Aristotle taught were the two most famous *gymnasija* that influenced in a profound way the whole of the Greek civilization.

Aristotle (384-322 BC) is better known in our universities as a philosopher of ethics than as physician. Although he was not a doctor in the healing



Figure 1. Four athletes exercising naked: a discus thrower, a long jumper and two javelin throwers. From a Panathenaic amphora made about 525 BC. Courtesy of the British Museum.

1st World Medical Conference of Greek Diaspora Athens 1990



18-TA NEA, 11 APRIL 1991-

MEDICAL BULETTIN

IT HAPPENED IN ATHENS...

- By Dimitris
Kardamakis -

TWO years ago, a handful of Greek doctors working in London had the idea of inviting doctors of the Hellenic Diaspora to Athens for a Conference. The aim was to give them the opportunity to meet in the land of Hippocrates and to establish links between the local medical community and Greek doctors from abroad.

The first task of the Hellenic Society of Great Britain was to try to find a partner to share the work and the responsibility of organising such an event. And here the Athens Medical Society stepped in. Its Executive Committee devoted an enormous amount of time and energy to the organising of the meeting, which was scheduled to take place as a Satellite Symposium of the 16th Panhellenic Medical Conference, in 1990. More than 1000 announcements were posted to Greek doctors and biomedical scientists throughout the world. The first positive answers soon came back by post and fax. This response allowed the Scientific Committee to organise four Symposia on "hot" current issues, where speakers of Greek origin presented the state of the art in their fields.

Of course, as happens with any big event, not everything went according to plan. The Press turned up a day too soon and our organisers had to compete with the dismantling of a previous pharmaceutical exhibition. It was not our fault... Sunday morning in Athens proved to be difficult time to attend a scientific meeting.

The scientific programme was followed by a visit to Ancient sites, and a delightful reception and dinner accompanied by folk singing. It was a most enjoyable and friendly occasion which stimulated us all to share ideas, projects and plans for the future. A questionnaire was circulated to all participants and a feedback from it provided many insights into the problems we faced and will definitely help with the planning of the Second Medical Conference of the Hellenic Diaspora due to take place in Athens in May 1992.

We are all anxious to see how the next meeting will turn out and the Organising Committee regards as very important to find the most appropriate theme and structure for the Meeting, to mobilise as many Greek doctors from abroad and within Greece as possible, to participate in the event. The Conference will be a double test for the Hellenic Medical Diaspora. Its success will determine whether or not these meetings continue and will give some indication of how successfully the various Hellenic Societies around the world are able to collaborate. We look forward to meeting you in Athens, in 1992!

* Dimitris Kardamakis M.D., D.M.R.T. is currently in Athens.

P.S. If you like to know more about the forthcoming Conference or the Hellenic Medical Society write to: The Hellenic Medical Society, P.O.Box 955, London SE1 9RW.

Bio-Medical Bulletin of the Hellenic Diaspora

BIO-MEDICAL BULLETIN OF THE HELLENIC DIASPORA

Vol. 1, Issue 1, JANUARY 1991 ISSN 0961 - 6853

EDITORIAL

The idea of a Bulletin for the Hellenic Bio-Medical Diaspora was first conceived during the organisation of the World Conference. Encouraged by the success of this meeting we felt that the time had come to produce a lively and informative publication which would provide a forum for communication on scientific matters, achievements and experiences, as well as encourage debate on issues relating to the Hellenic Bio-Medical Diaspora.

So we in London have taken the initiative of publishing a first issue in the hope that it will become your Bulletin. In this edition you will find articles about research, clinical matters, general practice, education, information and members' news.

One thing we would like this Bulletin to do is inspire you to send in articles and letters of your own to be included in the next issue.

The aim of the Bulletin is to bring us closer together. We hope that the publication of the Bulletin will be taken up in turn by other Hellenic Medical Societies around the world and that it will become a permanent feature of the Hellenic Bio-Medical Diaspora.

Nick Bouras - Gabriel Panayi
Editors

RESEARCH

STRUCTURAL ANALYSIS OF THE REGULATORY REGION OF THE HUMAN CORTICOTROPIN RELEASING HORMONE GENE

Nikos C. Vamvakopoulos * +, Andrew Margioris * and George P. Chrousos *

Corticotropin releasing hormone (CRH), a 41 amino acid peptide, plays a pivotal role in the maintenance of homeostasis and in the adaptive response to stress. Both hypersecretion and hyposcretion of CRH have been described, respectively, in patients with major psychiatric disease, such as depression and anorexia nervosa, and in a rat model of autoimmune arthritis. The CRH gene directs the biosynthesis of hypothalamic, suprahypothalamic and placental pre-proCRH, by complex transient and/or tissue-specific regulatory mechanisms. Understanding these mechanisms, is a prerequisite to a thorough comprehension of CRH regulation at the basal and stress states and its potential role in the pathophysiology of human disease.

We undertook to delineate the structure of the regulatory region of the human.

CRH gene as a first step in tracing possible genetic defects of the hypothalamic-pituitary-adrenal (HPA) axis. Previous work revealed that the first 330 bases 5' flanking the human, ovine and rat CRH genes had a higher degree of homology than their protein-coding regions. To define the limits of the highly conserved 5' flanking segment, we isolated a clone from a human genomic DNA library which contains the CRH gene and 9 kb of its upstream and a 4 kb of its downstream flanking portions. We sequenced the proximal 918 nucleotides 5' flanking the putative proximal mRNA start site of the human CRH gene and compared it with that of the ovine gene. The 5' flanking regions of both genes consist of two distinct areas of sequence homology. The 334 base-long one, proximal to the mRNA start site, with 94% homology and the remaining upstream sequence with 72% homology. The putative functional features of the regulatory region of the human CRH gene were the binding sites for transcription factors CTF/NP1(1), CP1(2), CACCC(4), c-jun/AP1(9) and CREB(1).

The 1st issue of the Bio-Medical Bulletin of the Hellenic Diaspora was published in January 1991 with co-editors Nick Bouras and Gabriel Panayi.

The aim was to bring closer together the Greek Bio-Medical scientists of the Diaspora following the success of the 1st World Medical Conference in Athens in 1990.

It reached a circulation of 2.500 people around the World.

It included short scientific articles e.g. structural analysis of the regulatory region of the human corticotrophin releasing hormone gene by N. Vamvakopoulos, A. Magioris and G. Chrousos; rheumatoid arthritis in Greece

by H. Moutsopoulos; general practice in UK by G. Kouloumas; informal tutorials by G. Geroulakos; undergraduate

in Athens and trainee in Scotland by L. Nikolaidis and news related to Biomedical issues of the Hellenic Diaspora.

It was published bi-annually and in June 1992 D. Kardamis took it over as editor and continued until June 1994.

In July 1997 re- started as the Hellenic Medical Society of United Kingdom with Thrasyvoulos Podas as editor and became "Mosaic" in January 1999 until December 2000

when ceased publication.

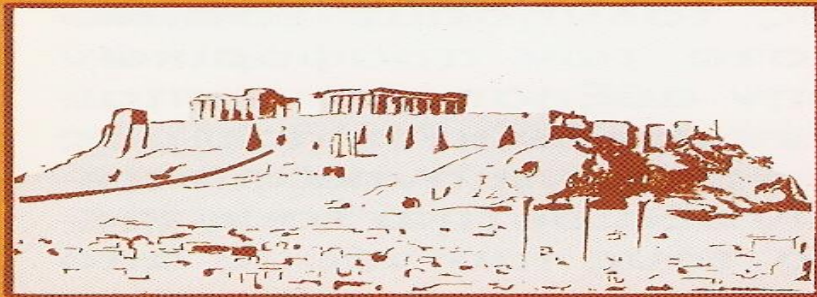
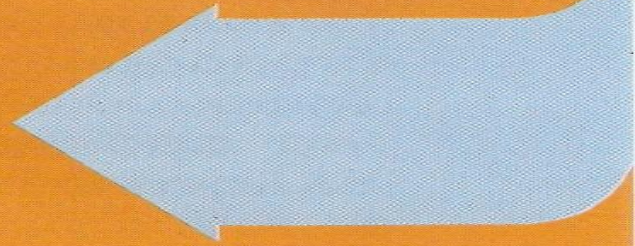
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18^ο
ΕΤΗΣΙΟ
ΠΑΝΕΛΛΗΝΙΟ
ΙΑΤΡΙΚΟ ΣΥΝΕΔΡΙΟ

2nd WORLD CONFERENCE OF THE HELLENIC BIOMEDICAL DIASPORA

στην τελευταία
λέξη της Ιατρικής



ΑΘΗΝΑ
ΞΕΝΟΔΟΧΕΙΟ
«ΚΑΡΑΒΕΛ»

12-16 ΜΑΪΟΥ 1992

η εφημερίδα του συνεδρίου



ΕΚΔΟΣΗ ΤΗΣ ΟΡΓΑΝΩΤΙΚΗΣ ΕΠΙΤΡΟΠΗΣ ΤΟΥ ΕΤΗΣΙΟΥ ΠΑΝΕΛΛΗΝΙΟΥ ΙΑΤΡΙΚΟΥ ΣΥΝΕΔΡΙΟΥ

ΠΑΡΑΣΚΕΥΗ 15 ΜΑΪΟΥ 1992

ΣΕΛΙΔΑ 3

2ND WORLD BIO-MEDICAL CONFERENCE OF THE HELLENIC DIASPORA



ΕΔΡΑΙΩΝΕΤΑΙ Η ΠΡΟΣΠΑΘΕΙΑ

Για ανάπτυξη κοινών επιστημονικών στόχων

Η πραγματοποίηση του 2ου Παγκοσμίου Συνεδρίου των Ελλήνων Γιατρών της Διασποράς εδραιώνει την προσπάθεια που άρχισε πριν δύο χρόνια για την ανάπτυξη κοινών επιστημονικών στόχων. Μέσα σ' αυτό το χρονικό διάστημα η Ελληνική Ιατρική Εταιρεία Μεγάλης Βρετανίας συνέχισε να δημιουργεί επαφές με Έλληνες συναδέλφους σ' όλο τον κόσμο. Η έκδοση του Ενημερωτικού Δελτίου αποτέλεσε αποφασιστικό παράγοντα στην εξάπλωση της

ιδέας αλλά ταυτόχρονα αποτέλεσε και μέσο τακτικής επικοινωνίας. Διάφορες καινούργιες ιδέες βρίσκονται σε εξέλιξη όπως η έκδοση περιοδικού στην αγγλική, χορήγηση ειδικών υποτροφιών και η έκδοση ειδικού τόμου «Who is Who». Οι ενέργειες αυτές επιβεβαιώνουν την αναγκαιότητα για την σύσφιξη των επιστημονικών και συναδελφικών δεσμών των Βιο-ιατρικών επιστημόνων

ΣΥΝΕΧΕΙΑ στη σελίδα 4

THEME OF A VERY IMPORTANT SYMPOSIUM

PATHOGENESIS OF MENTAL ILLNESS

Research, Diagnosis and Therapy of Mental Illness will be the theme of the symposium on Pathogenesis to Mental Illness. Diverse opinions will be expressed from historical aspects to organic and biological factors.

George Ikkos (Barnet Psychiatric Unit, UK), will be reviewing the psychoanalytic contribution to psychotherapy and psychosomatic conditions. The concept was presented of «group matrix as biological regulators» in human relationships. Martha Koukkou (University Psychiatric Hospital, Bern, Switzerland) outlined an information-theory-based model for the pathogenesis of schizophrenia. EEG-reactivity studies and evoked potentials suggest that schizophrenic symptoms reflect the behavioural manifestations of brain's information process, having access to memory stora-

Research,
Diagnosis
and Therapy

ges containing mnemonic representation of skills and of cognitive-emotional coping strategies, inadequate to recognise the age and state-corresponding significance of current information. Angelos Hallaris (Case Western University, Ohio USA), referred to the recent significant modifications of the noradrenergic theory on depression. The upregulation of the alpha-2 receptor seems to demised

THE RESULTS ARE HERE...

Those lucky ones who attended the First Bio-Medical Congress in May 1990 should remember that a questionnaire was circulated to the participants by the Organising Committee. To our surprise, this questionnaire was completed and returned which is unusual for busy doctors attending various conferences around the world! Due to the enormous amount of answers, it took us almost two years to process the data. And here come the results, which have shown:

- 83 people registered (130 including accompanying persons). 26 came from America, 2 from Africa, 7 from Australia and 48 from Europe.
- 55% believe that the advertisement of the Conference was «poor-sufficient» whereas 45%

TOWARDS A UNITED HEALTH CARE SYSTEM IN EUROPE

«We must not forget that the central theme of medicine remains the human being»

In our everyday life all of us are witnessing the rapid changes which take place not only in Europe, but in every corner of this planet as well. Changes which cover every aspect of modern life: Human relationships, political beliefs and scientific discoveries.

In this rapidly changing world it is extremely difficult (and dangerous!) to predict the objectives and the «personality» of the health care systems in the next few decades; but what we can do, and this is extremely important for countries like Greece, is to concentrate our attention on studying the current problems and planning the future strategies of a pan-European (or EEC) health care system. My view is that during this process, a few important questions will be raised over the next few years some of them unfortunately after 1992! What are the new generation doctors going to look like and how are they going to practise medicine? What is going to be the impact of biotechnology in medicine and in everyday life?

— How are we going to create the mechanisms which will support financially and ethically a uniform health care system?

— Who is going to look after this health care system?

Is the citizen who from time by time becomes «the patient» going to witness the fights between doctors, nurses and managers?

It is obvious that it is impossible to produce any adequate answers in this article. My intention is to share with the readers of the Bio-Medical Bulletin, especially with

BY D. KARDAMAKIS

those from the other side of the Atlantic, a few ideas which might provoke further discussion and dialogue.

The first issue which we have to study carefully is how to organise

and manage a uniform health system, taking into account the differences among the member states not only in the political and economic field, but also those of their cultural background. Having experienced working as a doctor in two di-

Continued, page 4

MESSAGE FROM THE HELLENIC MEDICAL SOCIETY OF BRITAIN

«We consider it a privilege as president and secretary of the Hellenic Medical Society of Great Britain in this exciting year of the Second World Bio-Medical Diaspora to welcome you to Athens and we look forward to meeting our Greek colleagues from around the world, many of whom are international authorities in their specialist subjects.

The Scientific Meeting of the Diaspora will be an added stimulus to everyone and the standard will be very high. For the first time we have introduced the Aretaeus Prize to be awarded to the best Presentation of Original Work by a young Greek of the Diaspora.

During 1992 we will be

setting-up the Polyzoides/Tsakonas Scholarship, of three thousand pounds sterling, for a Greek or Greek Cypriot to spend time in the United Kingdom for further training or research. In addition to this, we have plans to set-up a Research Fund for the Members of our Society to help further their own research interests.

1992 shows another milestone in the history of the Hellenic Medical Society of Great Britain, in that 7 years after its formation the Presidency has moved outside London for the first time, and as a consequence the membership from the Midlands and the North of England has increased manifold. We are planning a two-day Meet-

ing in Birmingham in September, on 26th-27th, and this will include a Scientific Meeting, the Hippocratic Oration, the Presentation of the Galen Prize and a special Concert by the internationally-renowned pianist, Marios Papadopoulos.

May we take this opportunity to thank our Greek colleagues of the PanHellenic Medical Society for giving us the facilities for our Diaspora Meeting and to wish you a very happy time and we look forward to seeing you later in the year in Birmingham».

JOHN POLYZOIDES
President
MARIOS PANOS
Secretary

the release of norepinephrine centrally and peripherally. This hypothesis has been tested in alpha-2 adrenoceptors during acute phase of depression. Careful kinetic analyses further revealed the existence on the platelet of another related receptor site with properties identical to those of the imidazoline (II) receptor in brain. This finding might be a useful marker for certain subtypes of depression.

George Alexopoulos (Cornell University, New York) pointed out that unlike young patients with depression, late onset depressives rarely have family history of mood disorders. Furthermore neuro-radiological studies demonstrated more atrophic brain changes and white matter hyperintensity in elderly people comparing to younger with depression. Finally, average evoked potential studies showed P300 and prolonged brain stem latencies in late - compared to early onset of depression. These differences may have significant implications on treatment.

thought that it was «very good excellent».

— 85% was happy with the choice of English as the official language.

— 73% thought that the general organisation of the Conference was «very good - excellent».

— 92% were satisfied with travel and accommodation arrangements.

— 81% enjoyed the Social Events programme «very much».

— 88% agreed that the overall quality of the presentations was «high». And, finally

— 65% think that the absence of registration fee is an incentive to participate!

Here applies the Greek saying
Γηράσκω αεί διδασκόμενος
Δ.Κ. - Γ.Σ.

CORRESPONDENTS ARE URGENTLY WANTED

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2nd World Hellenic Bio-Medical Conference, Athens - 1992

Conference Organising Committee:

Hellenic Medical Society of Great Britain:

N. Bouras, D. Kardamakis, G. Sivolapenko

Athens Medical Society:

V. Thouas, Th. Mountokalakis, C. Melissinos, A. Stavropoulou-Gioka, P. Ziroyannis

International Advisory Board:

Th Abatzi (Austria), A. Adam (UK), I. D. Bassukas (Germany), T. Dallianis (Sweden), A. Epenetos (UK), G. Farmakides (USA), A. Halaris (USA), T. Juannides (Argentina), S. Kotsopoulos (Canada), S. Krilis (Australia), P. Kymissis (USA), C. Lyketsos (USA), E. Mossialos (UK), H. Moutsopoulos (Ioannina), S. Nicolaidis (France), G. Panayi (UK), S. Pavlou, (USA), V. Polyzoides (London), M. Panos, H. Proukakis (Greece), B. Rigas (USA), D. Stavrou (Germany), N.A. Theodorou (UK), P. Toutouzas (Greece), L. Vlachos (Greece).



2nd World Hellenic Bio-Medical Conference Athens -1992

Scientific Programme Symposia:

- Pathogenesis of Rheumatoid Arthritis
- From Science's Research to Clinical Medicine
- Investigation of Thromboembolism & Sequel
- Pathogenesis of Mental Illness
- Training in Orthopaedics & Rheumatology
- Cirrhotic Ascites & the Kidney in Liver Disease
- Pathophysiology in Obstetrics
- Complement, Antibodies & Autoimmunity

- Closing Lecture by Mrs Niki Gouladris on "Environment: The Challenge of our Civilisation"



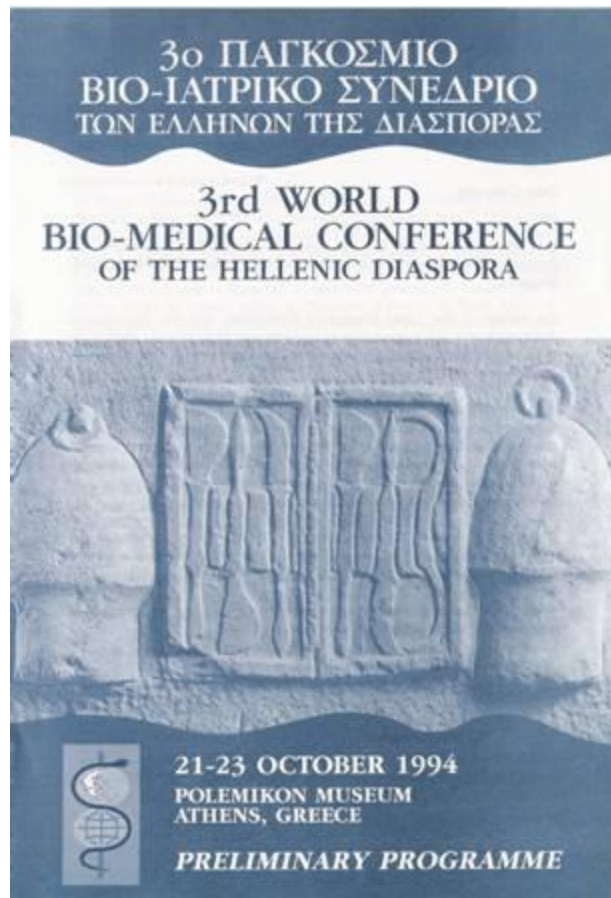
2nd World Hellenic Bio-Medical Conference Athens -1992

Members of the organising committee



From left: John Polyzoides, Gregory Sivolapenko, George Zacharopoulos
Dimitris Kardamakis

3rd World Hellenic Bio-Medical Conference, Athens 1994



The 3rd World Bio-Medical Conference of Hellenic Diaspora in Athens was led by Professors Dimitris Kardamakis, Grigoris Sivolapenco



3rd World Hellenic Bio-Medical Conference Athens 1994 Conference Organising Committee:

Hellenic Medical Society of Great Britain:

D. Kardamakis, G. Sivolapenko, G. Zacharopoulos, P. Rapti-Lyra

Athens Medical Society:

Th. Mountokalakis, C. Melissinos, A. Stavropoulou-Gioka, P. Ziroyannis

International Advisory Board:

Th Abatzi (Austria), A. Adam (UK), N. Bouras (UK), I. D. Bassukas (Germany), Ch. Chaskis (Belgium), T. Dallianis (Sweden), A. Epenetos (UK), G. Farmakides (USA), A. Halaris (USA), S. Hatziyannis (Greece), Ch. Ioannides (The Netherlands), T. Juannides (Argentina), S. Kotsopoulos (Canada), S. Krilis (Australia), P. Kymissis (USA), C. Lyketsos (USA), P. Lymberopoulos (USA), E. Mossialos (UK), H. Moutsopoulos (Ioannina), S. Nicolaidis (France), G. Panayi (UK), S. Pavlou, (USA), V. Pratilas (USA), Polyzoides (London), H. Proukakis (Greece), B. Rigas (USA), A. Spirakis (South Africa), D. Stavrou (Germany), N.A. Theodorou (UK), P. Toutouzas (Greece), I. Vlachos (Greece).



3rd World Hellenic Bio-Medical Conference Athens 1994

Scientific Programme Symposia:


- Immunology and Rheumatology
- Biomedicine & Humanities
- Neurosciences Research in the Service of Psychiatry
- Interventional Radiology
- Advances in Oncology
- Health Policy
- Cardiovascular Disorders
- Immunology & Rheumatology
- Psychiatry
- Advances in Clinical Medicine

4th World Hellenic Bio-Medical Conference, Nicosia - Cyprus 1996



2nd ANNOUNCEMENT / CALL FOR PAPERS
2η ΑΝΑΚΟΙΝΩΣΗ / ΠΡΟΣΚΛΗΣΗ ΥΠΟΒΟΛΗΣ ΕΡΓΑΣΙΩΝ

**4TH WORLD BIOMEDICAL CONFERENCE
OF THE HELLENIC DIASPORA**
4ον ΠΑΓΚΟΣΜΙΟ ΒΙΟ - ΙΑΤΡΙΚΟ ΣΥΝΕΔΡΙΟ
ΤΩΝ ΕΛΛΗΝΩΝ ΤΗΣ ΔΙΑΣΠΟΡΑΣ





"From Hippocrates to the 21st century - A Hellenic Perspective"
Από τον Σπυριδώνη μύθη τον 21ο αιώνα - Η Ελληνική Ιατρική

CONCURRENT WITH / ΤΑΥΤΟΧΡΟΝΑ ΜΕ
14th PANCYPRIAN MEDICAL CONGRESS
14ον ΠΑΓΚΥΠΡΙΟ ΙΑΤΡΙΚΟ ΣΥΝΕΔΡΙΟ
11 - 13 OCTOBER 1996 / 11 - 13 ΟΚΤΩΒΡΙΟΥ 1996

FORUM HOTEL - NICOSIA, CYPRUS
ΣΕΝΤΡΟ ΔΕΛΤΑ ΦΟΡΟΥΜ - ΛΕΥΚΩΣΙΑ-ΚΥΠΡΟΣ

PANCYPRIAN MEDICAL ASSOCIATION
HELLENIC MEDICAL SOCIETIES OF DIASPORA
ΠΑΓΚΥΠΡΙΟΙ ΙΑΤΡΙΚΟΙ ΣΥΛΛΟΓΟΙ
ΕΛΛΗΝΙΚΕΣ ΙΑΤΡΙΚΕΣ ΕΤΑΙΡΙΕΣ ΤΗΣ ΔΙΑΣΠΟΡΑΣ



UNDER THE PATRONAGE OF HIS EXCELLENCY THE PRESIDENT OF THE REPUBLIC OF CYPRUS AND
HIS BEATITUDE THE ARCHBISHOP OF THE GREEK ORTHODOX CHURCH OF CYPRUS
UNDER THE AUSPICES OF THE MINISTER OF HEALTH
ΥΠΟ ΤΗΝ ΠΡΟΣΤΑΣΙΑ ΤΟΥ ΕΞΟΧΟΤΑΤΟΥ ΠΡΟΪΔΡΟΥ ΤΗΣ ΚΥΠΡΙΑΚΗΣ ΔΗΜΟΚΡΑΤΙΑΣ ΚΑΙ ΤΗΣ
ΑΥΤΟΥ ΜΑΚΑΡΙΟΤΗΤΑΤΟΣ ΤΟΥ ΑΡΧΙΕΠΙΣΚΟΠΟΥ ΤΗΣ ΕΛΛΗΝΟΡΘΟΔΟΞΗΣ ΕΚΚΛΗΣΙΑΣ ΤΗΣ
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4th World Hellenic Bio-Medical Conference Nicosia - Cyprus 1996

Conference Organising Committee:

Cypriot Medical Society and WHBA

N. Ioannou, P. Kymissis, G. Panayi, G. Potamitis, N. Bouras

International Advisory Board:

Th Abatzi (Austria), A. Adam (UK), G. Alexopoulos (USA), G. Bousvaros (USA), G. Chrousos (USA), J. Demades (UK), A. Epenetos (UK), G. Farmakides (USA), P. Fantidis (Spain), St. Gregory (Belgium), N. Gourtsoyiannis (Greece), A. Halaris (USA), V. Hillaris (USA), V. Halalambides (Greece), A. Ierodiakonou (Greece), T. Juannides (Argentina), D. Kardamakis (Greece), S. Krilis (Australia), Th. Mountokalakis (Greece), S. Nicolaidis (France), K. C. Nicolaou (USA), Palazidou E (UK), Panos M. (UK), G. Petrikos (Greece), A. Plaitakis (USA), V. Papademitriou (Greece), G. Sivolapenko (Greece), N. Zamboglou (Germany), J. Zervoudakis (USA), B. Zeroyanes (Greece)

4th World Hellenic Bio-Medical Conference Nicosia - Cyprus 1996

Scientific Programme Symposia:

- Primary Care
- Telemedicine
- Psychiatric Reforms in Greece
- Families in a transforming society: Greek reality
- Update in Gastroenterology
- Update in Cardiovascular Disease
- Cardiac Surgery & Interventional Cardiology
- Osteoporosis
- Update in Gynaecology
- Interventional Radiology
- Ethics and Hippocratic values
- Panic Disorders
- Hepatitis C
- Hypertension
- Provision of Primary Health Care for the Promotion of Children's Early Psychosocial Development
- Neurobiology of Depression



4th World Hellenic Bio-Medical Conference Nicosia - Cyprus 1996



ΤΕΤΑΡΤΟ ΠΑΓΚΟΣΜΙΟ
ΒΙΟ ΙΑΤΡΙΚΟ ΣΥΝΕΔΡΙΟ
ΤΩΝ ΕΛΛΗΝΩΝ ΤΗΣ ΔΙΑΣΠΟΡΑΣ

ΤΑΥΤΟΧΡΟΝΑ ΜΕ ΤΟ 14ο
ΠΑΓΚΥΠΡΙΟ ΙΑΤΡΙΚΟ ΣΥΝΕΔΡΙΟ

FOURTH WORLD
BIOMEDICAL CONFERENCE
OF THE HELLENIC DIASPORA

CONCURRENT WITH THE 14th
PANCYPRIAN MEDICAL CONGRESS

11-12-13 ΟΚΤΩΒΡΙΟΥ 1996

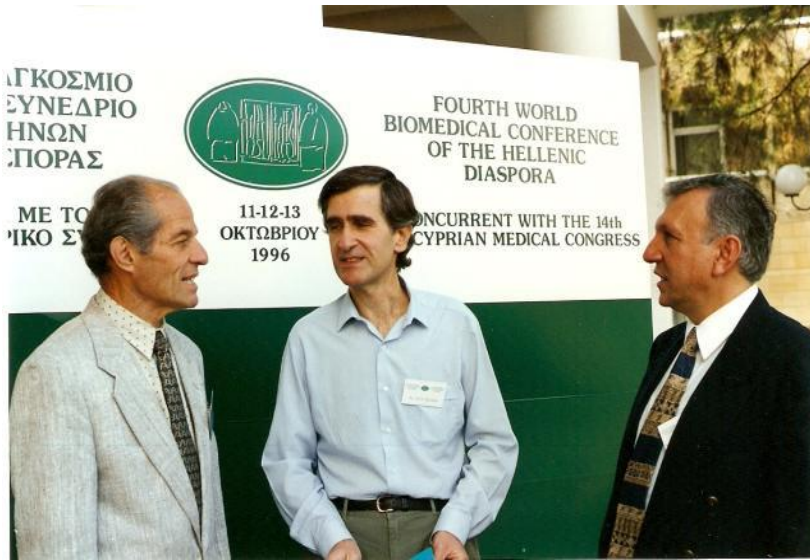
SCIENTIFIC PROGRAMME
ΕΠΙΣΤΗΜΟΝΙΚΟ ΠΡΟΓΡΑΜΜΑ

PANCYPRIAN MEDICAL ASSOCIATION
HELLENIC MEDICAL SOCIETIES
OF DIASPORA

ΠΑΓΚΥΠΡΙΟΣ ΙΑΤΡΙΚΟΣ ΣΥΛΛΟΓΟΣ
ΕΛΛΗΝΙΚΕΣ ΙΑΤΡΙΚΕΣ ΕΤΑΙΡΙΕΣ
ΤΗΣ ΔΙΑΣΠΟΡΑΣ

FORUM INTERCONTINENTAL ΛΕΥΚΩΣΙΑ - ΚΥΠΡΟΣ

4th World Hellenic Bio-Medical Conference Nicosia - Cyprus 1996



From Left: Tony Vassilas, Nick Bouras, Paul Kymissis



From Left: Nick Dunkas, Gregory Stefos, Archbishop of Cyprus, Theodore Juannidis



4th World Hellenic Bio-Medical Conference Nicosia - Cyprus 1996



From Left: Nicos Ioannou, Theodoros Mountokalakis,
Theodore Juanides

The Hellenic Medical Journal



- The Hellenic Medical Journal was the initiative of Dimitris Mikhailidis of the Royal Free Hospital in London, who was the Editor - in - chief.
- The first issue was published by Smith-Gordon in January 1997. The Hellenic Medical Journal published 6 issues and ceased publication with the last issue in December 1999.



5th World Hellenic Bio-Medical Conference New York 1998



**HELLENIC MEDICAL SOCIETY
OF NEW YORK**

IN COOPERATION WITH THE

**WORLD HELLENIC
BIOMEDICAL ASSOCIATION**

**FIFTH WORLD HELLENIC
BIOMEDICAL CONFERENCE
PROGRAM**

DECEMBER 4-6, 1998

THE GRAND HYATT - NEW YORK

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Roslyn, New York



5th WHBA Conference New York 1998 Conference Organising Committee:

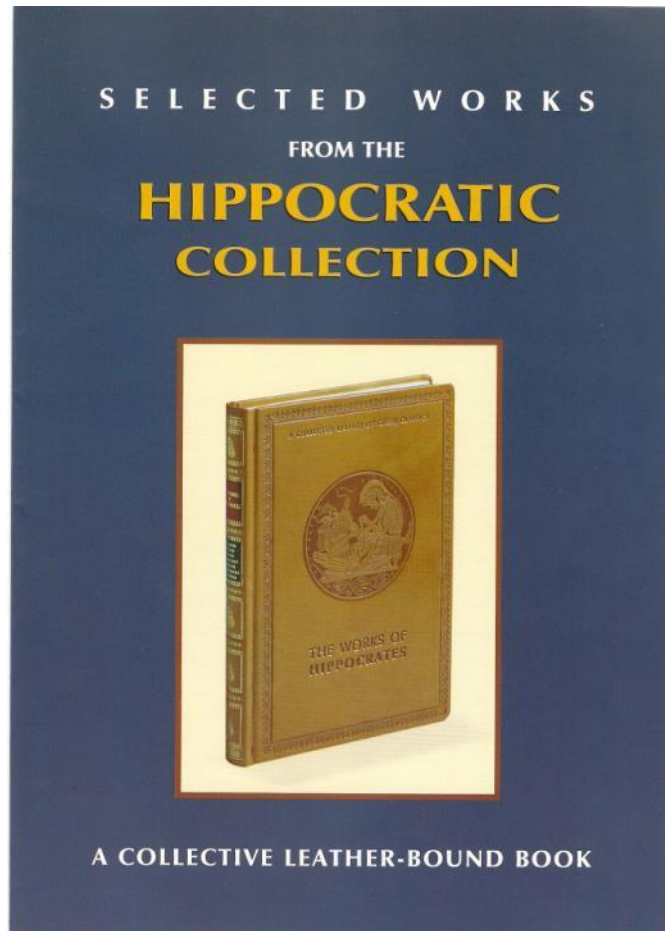
New York Hellenic Medical Society & WHBA

G. Bousvaros, Tony Vassilas and Paul Kymissis

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5th World Hellenic Bio-Medical Conference New York 1998



- Special Edition from the Hippocratic Collection edited by Nicholas Dunkas and presented at the 5th World Hellenic Bio-Medical Conference in New York

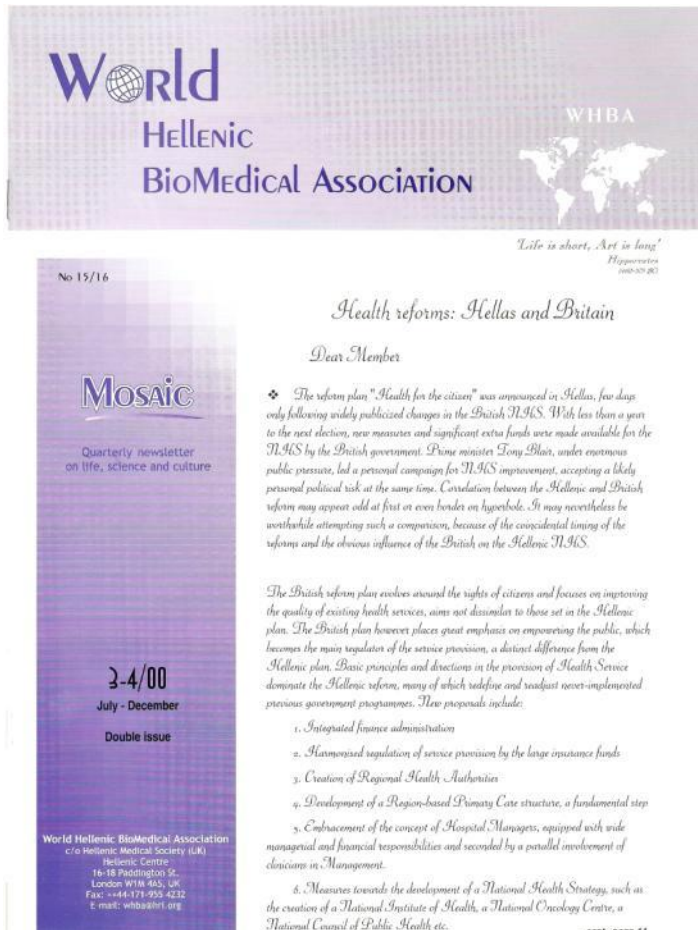
5th World Hellenic Bio-Medical Conference New York 1998



From Left: M. Stavrou, Olga Sarantopoulou (3rd), N. Dunkas
P. Kymissis, Th Juannides, G Panayi, M Kontaratou,
N. Bouras, C. Soldatos, G. Petricos, EM Tsapakis



Th. Podas (left), P Kymissis



- The last issue of the Mosaic in December 2000

Health reforms: Hellas and Britain

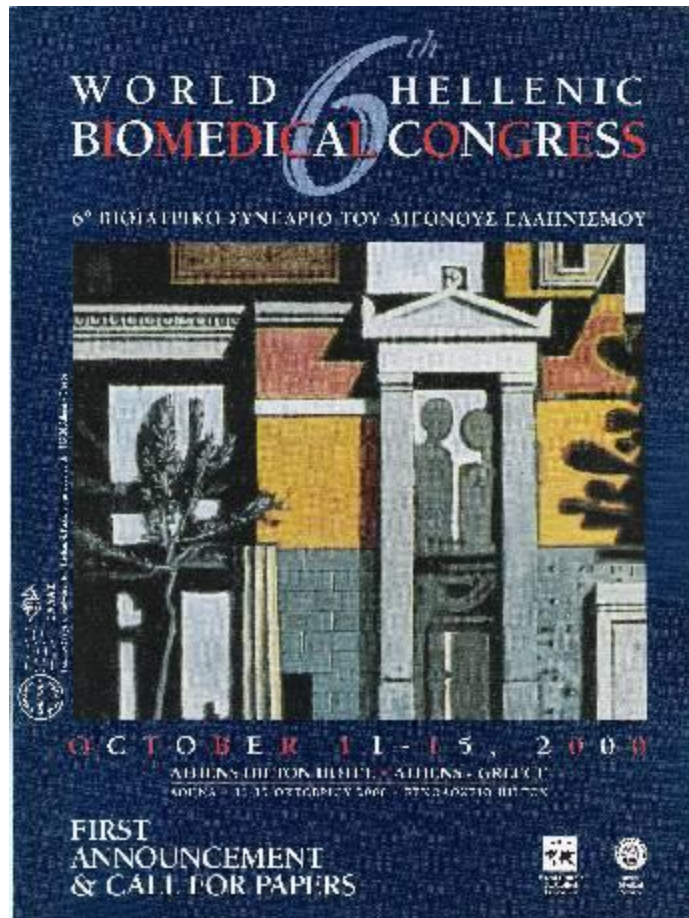
Dear Member

❖ *The reform plan "Health for the citizen" was announced in Hellas, few days only following widely publicized changes in the British NHS. With less than a year to the next election, new measures and significant extra funds were made available for the NHS by the British government. Prime minister Tony Blair, under enormous public pressure, led a personal campaign for NHS improvement, accepting a likely personal political risk at the same time. Coincidence between the Hellenic and British reform may appear odd at first or even border on hyperbole. It may nevertheless be worthwhile attempting such a comparison, because of the coincidental timing of the reforms and the obvious influence of the British on the Hellenic NHS.*

The British reform plan evolves around the rights of citizens and focuses on improving the quality of existing health services, aims not dissimilar to those set in the Hellenic plan. The British plan however places great emphasis on empowering the public, which becomes the main regulator of the service provision, a distinct difference from the Hellenic plan. Basic principles and directions in the provision of Health Service dominate the Hellenic reform, many of which redefine and readjust never-implemented previous government programmes. New proposals include:

- 1. Integrated finance administration*
- 2. Harmonized regulation of service provision by the large insurance funds*
- 3. Creation of Regional Health Authorities*
- 4. Development of a Region-based Primary Care structure, a fundamental step*
- 5. Embracement of the concept of Hospital Managers, equipped with wide managerial and financial responsibilities and seconded by a parallel involvement of clinicians in Management.*
- 6. Measures towards the development of a National Health Strategy, such as the creation of a National Institute of Health, a National Oncology Centre, a National Council of Public Health, etc.*

6th World Hellenic Bio-Medical Congress, Athens 2000



Rendez-vous at the 7th World Hellenic Bio Medical Congress



"Party is over" at the Great Britain hotel. From left N. Duskas (US), unknown, G. Geroulakos (UK), N. Eleftheriadis (Hellas), M. Stavrou (UK), F. Sotirotis (UK), E. Kalodiki (UK), unknown, N. Bouras (UK), unknown, unknown, C. Soldatos and Mrs Soldatos (Hellas), D. Mikhailidis (UK), P. Kymisis (NY), G. Petrikkos (Hellas), G. Parayi (UK), unknown, D. Dikoos (Hellas)



6th World Hellenic Bio-Medical Congress, Athens 2000

- Conference Organising Committee:
 - C. Soldatos (President-Greece), A. Germanis (Greece),
 - G. Petricos (Greece), D. Dikeos (Greece),
 - Th. Mountokalakis (Greece), G. Panayi (UK), N. Bouras (UK),
 - P. Kymissis (USA), C. Canakis (USA), Th. Podas (UK)

6th World Hellenic Bio-Medical Congress, Athens 2000
Scientific Programme Symposia:

- Neurosciences
- Obstetrics and Gynaecology
- Ophthalmology
- Orthopaedics
- Otolaryngology
- Pharmacology
- Paediatrics
- Pulmonology
- Psychiatry
- Radiology
- Surgery



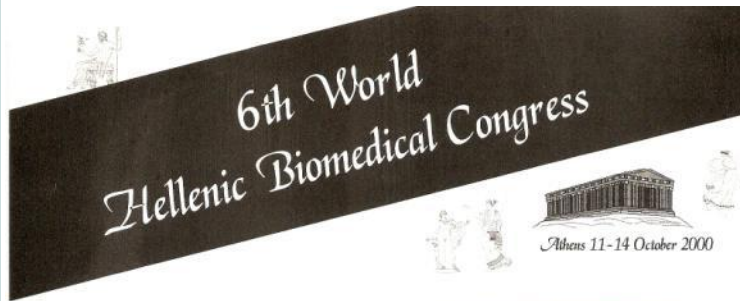
6th World Hellenic Bio-Medical Congress, Athens 2000



The opening ceremony of the conference

Front row from right: Prof & Mrs Mountokalakis (Athens Med. School), Dr M. Marselos (Hellas), Prof & Mrs G. Panayi (King's NHS Trust, London), Prof N. Bouras (King's NHS Trust, London), Al. Papadopoulos (Greek Health Minister), Chr. Spyraiki (Greek Deputy Health Minister), Mr and Mrs J. Brademas (Guest Speaker and President Emeritus NY University), Mr A. Athens (President SAE)

6th World Hellenic Bio-Medical Congress, Athens 2000



A brief report of a long event

The 6th World BioMedical Conference continued the successful tradition of the last few years. After the 5th Congress in N. York in 1998, marked as a turning point in our history, this was a crucial -for many reasons- Congress. This brief report has been compiled with limited resources and outlines only the key points of the memorable event.

The Attic sky did not betray our hopes and the Conference basked in three days of sunshine and hellenic blue sky. Delegates started streaming in to the Hilton hotel the day before the opening ceremony. A very welcoming reception organised



John Brademas
(President Emeritus NY University)

and headed by Miss Tina Franoaki and her staff warmed our



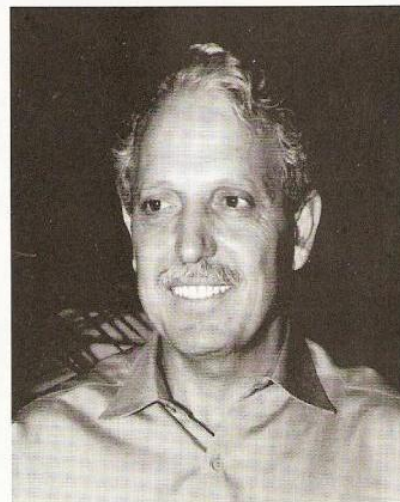
Alekos Papadopoulos
(Greek Health Minister)

of the conference area, giving ample opportunity for socialising to those attending the Conference.

The opening ceremony

In the evening of Wednesday 11th, the opening ceremony took place in a packed large Hall. Several government officials, Athens University personnel, members of the medical world, public and press attended this grand for us indeed occasion. The Chairman of the Organising Committee (and now also President of the WHBA) Prof. C. Soldatos opened the Conference with a short speech and then invited the other speakers to the podium.

First addressed the audience the outgoing WHBA President Prof Paulos Komicis (NY IKA) followed by the President of SAH



Dr Vasilis Papademetriou
Chief Cardiologist and President of HMS Washington

Mosaic July - December 2000



Prof Haris Theocharidis
Representative of HMS N. England



6th World Hellenic Bio-Medical Congress, Athens 2000

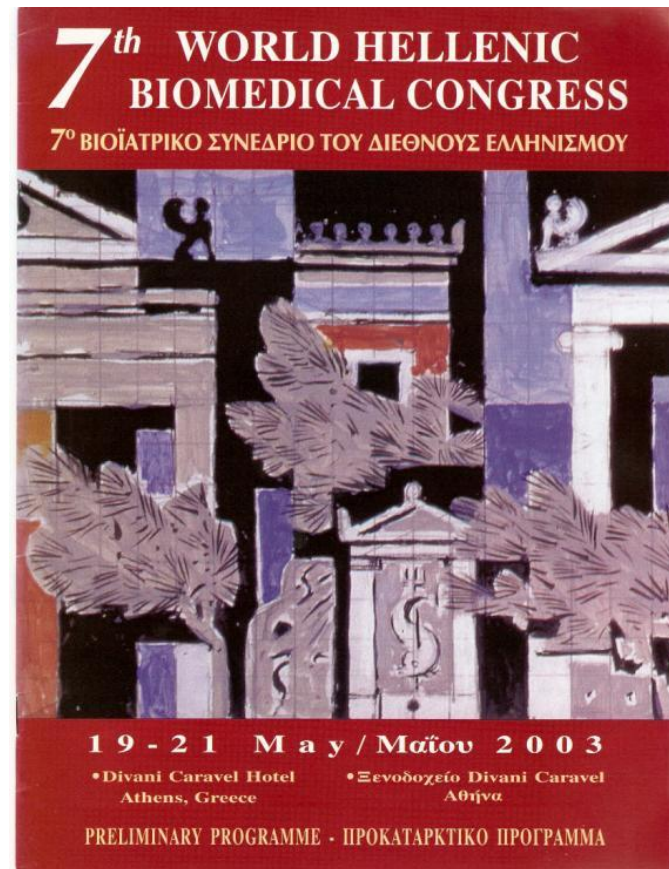
Farewell dinner & dance



Farewell dinner at Great Britain hotel gave the opportunity for a display of dancing skills and enjoyment (above). The end of a long day - Clockwise O. Sarantopoulou (Austria), F. Soliotis(UK) and N. Eleftheriadis(Hellas) (right)

7th World Hellenic Bio-Medical Congress, Athens 2003

The 7th World Hellenic Biomedical
Congress was led by
Prof Costas Soldatos





7th World Hellenic Bio-Medical Congress Athens 2003

- **Organising Committee**
- C. Soldatos (President-Greece), I. Migdakis (Greece),
- G. Trikkas (Greece), A. Germanis (Greece),
- G. Petricos (Greece), D. Dikeos (Greece), C. Kittas
(Greece), A. Kostakis (Greece), Th. Mountokalakis (Greece),
- G. Panayi (UK), N. Bouras (UK), P. Kymissis (USA),
- C. Canakis (USA), Th. Podas (UK)

7th World Hellenic Bio-Medical Congress

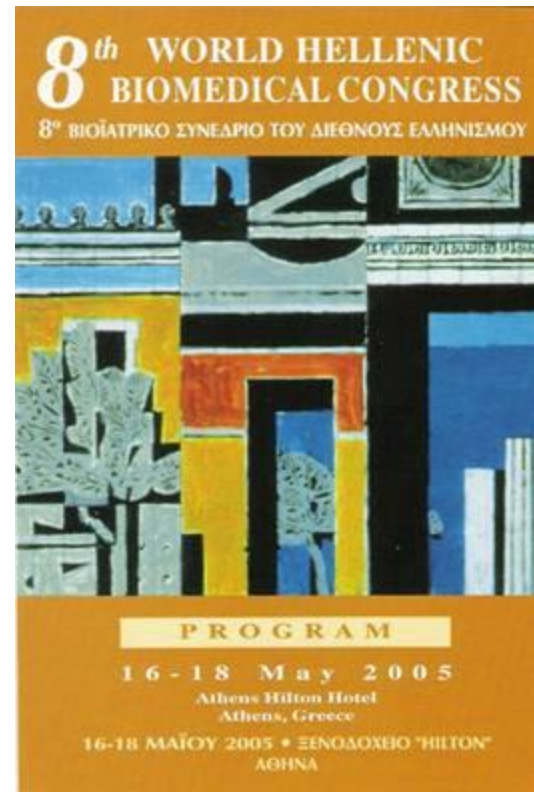
Athens 2003

Scientific Programme Symposia:

- Myoskeletal Trauma
- Investigation of small intestine diseases
- Recent advances in breast cancer management
- Nutrient-based novel cancer therapies in the post-genome era
- Pathways in immunity and inflammation
- Recent advances in ophthalmology
- Progress in pancreatic transplantation
- Training in psychiatry & psychotherapy
- Aggressiveness & Psychopathology
- Surgical treatment of obesity
- Digital analysis of biosignals in sleep and wakefulness
- Biology & Treatment of malignant lymphoid proliferations

8th World Hellenic Bio-Medical Congress, Athens 2005

- The 8th World Hellenic Biomedical Congress was led by Prof Costas Soldatos and Tasos Germenis



Monday 16 May 2005

TERPSICHERIA

- 09.30-10.30 **OPENING LECTURE**
Chair: S. Marketos (GR)
S. Retsas (UK): **Medicine and the Olympic Games of Antiquity**
- 10.30 **Coffee break**
- 11.00-13.30 **ROUND TABLE**
Chair: J. Floros (USA) C. Gourgoulialis (GR)
The role of alveolar cells in lung diseases
J. Floros (USA): **Surfactant composition and function**
M Lekka (GR): **Surfactant alterations in acute lung injury**
G Nakos (GR): **Pathophysiology of Acute Respiratory Distress Syndrome**
Z. Daniil (GR): **Pathophysiology of pulmonary fibrosis**
- 13.30 **Lunch**
- 14:30-16:30 **ROUND TABLE**
Chair: H. Boudoulas (USA) – F. Triposkiadis (GR)
Cardiology Update
S. Kapetanaki: **Disorders of the cytoskeleton in heart failure**
G. Kranias: **Ophthalmologic manifestations of cardiovascular disease**
C. Pitsavos (GR): **Epidemiology of coronary artery disease in Greece**
G. Theodorakis (GR): **Advances in cardiac arrhythmias**
- 16.30 **Break**
- 18.30 **SCIENTIFIC EVENT**
Chair: C. Soldatos (GR) – S. Petsopoulos (GR)
Professor Irvin D. Yalom and the Greek edition of his latest novel
J. Zervas (GR) – E. Andritsanou (GR): **The author's presentation by his translators**
I. Yalom (USA): **Psychiatry and the Art of Writing**

TERPSICHERIA B

- 11:00-13:30 **SYMPOSIUM**
In Memory of George Vassiliou
Co-sponsored by: The Westchester Group Psychotherapy Society, New York and The Athenian Institute of Anthropolos, Athens
P. Kymissis (USA): **New directions in group psychotherapy**
G. Batkin Kahn (USA): **Group therapy as an effective modality in couples counseling**
R.L. Slavin (USA): **Group dynamics in school settings: Enhancing the teaching/learning process**
K. Reinhart (USA): **Group therapy for panic attacks and PTSD: A 25 year perspective**
C. Dallinga (USA): **The strategic art of marketing your practice with group skills**
M. Ciasullo, S. Borlo, P. Kymissis (USA): **Group therapy with traumatized children**
P.I. Polychronis (GR): **Back to the future: Actualizing roots in the group process for designing life in the 21st century**

Monday 16 May 2005

13.30 **Lunch**

- 14:30-16:30 **ROUND TABLE**
Chair: S.A. Krillis (AUS)
Antiphospholipid syndrome
S.A. Krillis (AUS):
Antiphospholipid syndrome and important cause of thrombosis and miscarriage - Current concepts
S. Miyakis (AUS): **2004 International classification criteria for the antiphospholipid syndrome**
P. Vlachoyiannopoulos (GR): **Renal manifestations of the antiphospholipid syndrome**
B. Giannakopoulos (AUS): **Beta 2-glycoprotein I. The major autoantigen in the antiphospholipid syndrome: role in the coagulation cascade**

ESPERIDES

- 16:00-18:30 **ROUND TABLE**
H. Liapis – C. Siamopoulos – C. Deltas
Biology of kidney disease
G. Chalepakis: **Genes in kidney development; the Fras1 family**
C. Chatziantoniou: **Prevention of renal vascular and glomerular fibrosis by growth factor inhibitors**
E. Tsilibary: **Adhesive and anti-adhesive podocyte-matrix interactions: win or loss in diabetic nephropathy?**
L. Tsiokas: **PKD 2 gene in polycystic kidney disease**
C. Deltas: **Medullary cystic kidney disease complex. Genetics and mechanism of disease**
H. Liapis: **Genomics & Proteomics in obstructive nephropathy**

Tuesday 17 May 2005

TERPSICHERIA A

- 09:00-11.00 **ROUND TABLE**
Chair: C. Kappas (GR)
Stereotactic approach of the treatment of brain lesions
K. Theodorou (GR): **Principles of stereotactic radiotherapy: The present and the future of the method**
G. Pissakas (GR): **Stereotactic radiotherapy: Indications and clinical applications**
G. Strantzalis (GR): **Stereotactic neurosurgery: Indications and clinical applications**
C. Kappas (GR): **Planning, construction and clinical application of a prototype stereotactic radiotherapy unit**
- 11.00 **Coffee break**



SERIES OF SINGLE SPECIALTY INTERNATIONAL MEETINGS ORGANISED BY and UNDER THE AUSPICES OF THE WHBA IN ATHENS 1999-2007

- **1st International Update and Postgraduate Seminar in Hepatology:** Hilton Hotel, Athens , 01.10.1999

Speakers: Prof. Roger Williams Institute of Liver Studies, University College Hospital, London, Prof. James Neuberger, Univ. Hospital, Birmingham, UK, Dr John Karani, King's College Hospital, London, Prof. Alexander Gimson, Addenbrooke's Hospital, Cambridge University, Prof Peter Friend, Addenbrooke's Hospital, Cambridge University, Dr Marios Panos, Euroclinic of Athens.

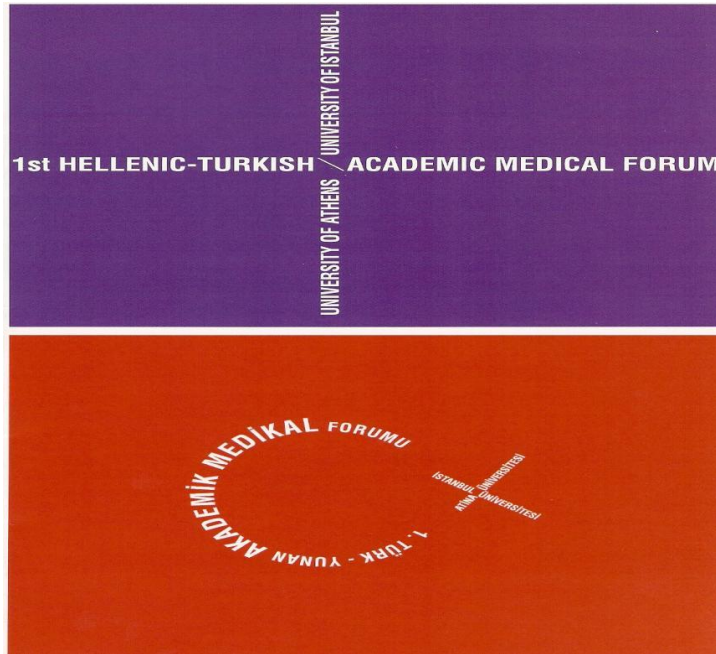
- **2nd International Update and Postgraduate Seminar in Hepatology:** held at Aigli Zappeiou, Athens 02.03.2001

Speakers: Mr Thomas Dehn, Royal Berkshire Hospital, Reading, UK, Prof. Alastair Forbes, St Mark's Hospital, London, Mr Bruce George, J Radcliffe Hospital, Oxford, Prof Janusz Jankowski, Univ. of Birmingham UK, A Mantides, Navy Hospital, Athens, K Marcoglou, MMTS Hospital, Athens.

- **3rd International Update and Postgraduate Seminar in Hepatology:** held at Athinais Centre, Athens 30.11.2002

Speakers: Dr Marco Bruno, Academic Medical Centre, Amsterdam, Prof. John Neoptolemos, Liverpool University, Prof. Paul Swain, The Royal London Hospital.

The 1st Hellenic -Turkish Academic Medical Forum



- The 1st Hellenic - Turkish Academic Medical Forum took place in Istanbul in May 2003 with the participation of the WHBA led by Prof. Costas Soldatos

The 1st Hellenic -Turkish Academic Medical Forum

1st Hellenic-Turkish Academic Medical Forum

"University of Athens & University of Istanbul"

3rd of May 2003 Intercontinental Hotel-Istanbul

10.00-10.30

Opening Session

Chair: Constantinos Soldatos

Professor of Psychiatry, University of Athens and President of the World Hellenic Biomedical Association

İrfan Devranoglu

Wellcome & Introductions

Christos Kittas

Professor of Histology, Dean of Medical School University of Athens
Professor of Internal Medicine
Dean of Cerrahpaşa Medical School, University of Istanbul
Professor of Obstetrics and Gynecology
Vice Dean of Cerrahpaşa Medical School, University of Istanbul

Fikret Sipahioğlu

Seyfettin Uludağ

Istanbul

10.30-11.00

Plenary Session

Chair: Hasan Yazici

Professor of Romatology, University of Istanbul
Ass. Professor of Otorinolaryngology, University of Athens
Professor of Rheumatology, University of London – GKT

Eleftherios Ferekidis

Gabriel Panayi

"Recent advances in the pathogenesis of rheumatoid arthritis"

Hasan Yazici

"Comments"

11.00-12.00

Parallel Sessions

Room 1

Session on Infectious Diseases

Chair: Eleni Giamarellou

Professor of Internal Medicine, University of Athens
Professor of Chest Diseases, University of Istanbul

Mustafa Yaman

Eleni Giamarellou

"Multidrug Resistance in Gram-negatives: A Emerging Infectious Diseases"

Serhat Ünal

"Emerging Pathogens/Gram(+)-Pathogens"

Dimitrios Kafetzis

"Preventing infections in children"

Room 2

Session on Gynecologic Endocrinology

Chair: Erdoğan Ertüngealp

Professor of Obstetrics and Gynecology, University of Istanbul
Professor of Obstetrics and Gynecology
Vice Dean of Medical School University of Athens

George Kreatsas

Erdoğan Ertüngealp

"The collaborative study of the Turkish menopause clinics"

George Kreatsas

"Hormone replacement therapy and quality of life"

Room 3

Session on Clinical Neurology

Chair: Sabahattin Saip

Ass. Professor of Neurology, University of Istanbul
Professor of Neurology, University of Athens

Dimitrios Vassilopoulos

Sabahattin Saip

"Tension type headaches"

Dimitrios Vassilopoulos

"The pathogenesis of Alzheimer's Disease"

Room 4

Session on Clinical Psychiatry

Chair: İşin Baral

Professor of Psychiatry, Istanbul University
Professor of Psychiatry, University of Athens and President of the World Hellenic Biomedical Association

Constantinos Soldatos

Constantinos Soldatos

"Depression in general medical practice"

İşin Baral

1. Türk/Yunan Akademik Medikal Forumu

"Atina Üniversitesi & İstanbul Üniversitesi"

3 Mayıs 2003 Intercontinental Hotel-Istanbul

10.00-10.30

Açılış Oturumu

Moderatör: Constantinos Soldatos

Profesör, Psikiyatri Kliniği, Atina Üniversitesi
Dünya Hellenik Biomedikal Birliği Başkanı
Profesör, Kulak Burun Boğaz A.B.D., İstanbul Üniversitesi, Cerrahpaşa Tıp Fakültesi

İrfan Devranoglu

Hespedalimiz & Giriş Konuşmaları

Christos Kittas

Profesör, Histoloji Bölümü
Atina Üniversitesi Tıp Fakültesi Dekan
Profesör, İç Hastalıkları A.B.D.
İstanbul Üniversitesi, Cerrahpaşa Tıp Fakültesi, Dekan
Profesör, Kadın Hastalıkları ve Doğum A.B.D.
İstanbul Üniversitesi, Cerrahpaşa Tıp Fakültesi, Dekan Yard.

Fikret Sipahioğlu

Seyfettin Uludağ

10.30-11.00

Genel Oturum

Moderatör: Hasan Yazici

Profesör, Romatoloji A.B.D. İstanbul Üniversitesi,
Cerrahpaşa Tıp Fakültesi
Doçent, Kulak Burun Boğaz A.B.D. Atina Üniversitesi
Profesör, Romatoloji A.B.D. Londra Üniversitesi

Eleftherios Ferekidis

Gabriel Panayi

"Romatoid Artrit patogenezinde son gelişmeler"

Hasan Yazici

"Yorumlar"

11.00-12.00

Paralel Oturumlar

Room 1

Enfeksiyon Hastalıkları

Moderatör: Eleni Giamarellou

Profesör, İç Hastalıkları A.B.D. Atina Üniversitesi
Profesör, Göğüs Hastalıkları A.B.D. İstanbul Üniversitesi,
Cerrahpaşa Tıp Fakültesi

Mustafa Yaman

Eleni Giamarellou

"Yeni patojenler/Gram(-) patojenler"

Serhat Ünal

"Yeni patojenler/Gram(+)-patojenler"

Profesör, Enfeksiyon Hastalıkları A.B.D. Hacettepe Üniversitesi

Dimitrios Kafetzis

"Çocuklarda enfeksiyonların önlenmesi"

Doçent, Çocuk Hastalıkları A.B.D. Atina Üniversitesi

Room 2

Jinekolojik Endokrinoloji

Moderatör: Erdoğan Ertüngealp

Profesör, Kadın Hastalıkları ve Doğum A.B.D.
İstanbul Üniversitesi, Cerrahpaşa Tıp Fak.
Profesör, Kadın Hastalıkları ve Doğum A.B.D.
Atina Üniversitesi, Tıp Fakültesi Dekanı

George Kreatsas

Erdoğan Ertüngealp

"Türk menopoz kliniklerine ait kollaboratif veriler"

George Kreatsas

"Hormon replasman tedavisi ve Yaşam Kalitesi"

Room 3

Klinik Nöroloji

Moderatör: Sabahattin Saip

Doçent, Nöroloji A.B.D. İstanbul Üniversitesi,
Cerrahpaşa Tıp Fakültesi
Profesör, Nöroloji A.B.D. Atina Üniversitesi

Dimitrios Vassilopoulos

Sabahattin Saip

"Genilim tipi baş ağrıları"

Dimitrios Vassilopoulos

"Alzheimer hastalığının patogenezini"

Room 4

Klinik Psikiyatri

Moderatör: İşin Baral

Profesör, Psikiyatri A.B.D. İstanbul Üniversitesi
İstanbul Tıp Fakültesi
Profesör, Psikiyatri A.B.D., Atina Üniversitesi
Dünya Hellenik Biomedikal Birliği Başkanı

Constantinos Soldatos

Constantinos Soldatos

The 1st Hellenic -Turkish Academic Medical Forum



Κεντρική είσοδος του γηροκομείου.

Main entrance to the nursing home.

Visit to Balucli Hospital
In Istanbul 2003



WHBA-current developments

- The WHBA with President Professor Gabriel Panayi is working to strengthen the Federation of the Hellenic Medical Societies across the world, up dating its extensive data base of over 6.000 doctors and bio-medical scientists and preparing the next 9th Congress in Cyprus for 27-30 September 2008 (<http://www.whba.co.uk/conf1.asp>)