Dear UK Division Member,

We extend the warm greetings of the executive committee.

We are delighted to confirm that the Hellenic Psychiatric Association (HPA) formally recognised the UK Division in its Annual General Meeting 2011. The UK Division is the first international division of HPA.

Here we write to announce our Annual General Meeting (AGM) and new academic meeting, share plans for future meetings, summarise this year's activities and members’ news and invite interested colleagues to join the executive committee:

**HPA UK AGM and New Academic Meeting**

**Focus on Bipolar Disorder**

**Venue:** Churchill Conference Centre, Cambian Churchill Hospital
Barkham Terrace, Lambeth Road SE1 7PW (opposite Imperial War Museum)

**Date and Time:** Thursday 1 March 2012

18:00 Annual General Meeting (AGM)

18:30 Focus on Bipolar Disorder

- Molecular Biology of Bipolar Disorder:
  **Professor Nick Craddock** - Chief Investigator Bipolar Research Network, Honorary Treasurer Royal College of Psychiatrists, Professor of Psychiatry, Cardiff University
- Recognition and Treatment of Bipolar Depression:
  **Dr Eleni Palazidou** - Consultant Psychiatrist and Academic Secretary, Hellenic Psychiatric Association UK Division

19:45 End (and optional dinner)
Summary of activities in 2011:
The division has had a very busy year holding an academic meeting in the UK, contributing actively to the triennial Hellenic Psychiatric Association Congress in Athens, and planning meetings and other activities for the future. Here is a summary of completed activities:

12 February 2011 Academic Meeting at Royal College of Psychiatrists:
“Psychiatry: Perspectives on Current Service Developments”

May 2011 Session in Hellenic Psychiatric Association Conference:
“Mental Health Services: Developments, Innovation and Governance
The Futures of Psychiatrists: an Integrative Perspective on Social Inclusion, Identity and Quality (plenary lecture)

Further proposed academic activities for 2012 and beyond:
HPA UK Division (HPA UK) has proposed a joint meeting with the Hellenic Medical Society on the theme “No Health without Mental Health” to be held in 2012.

HPA UK and the Royal Society of Medicine Section of Psychiatry have agreed to hold a joint meeting on “Psychiatry and Emotion: Neuroscience, History and Culture” in May 2013. The meeting will be organised jointly by George Ikkos and Professor Angelos Chaniotis, Professor of Classics at the Institute for Advanced Studies, Princeton University.

Nikos Christodoulou, Nikandros Bouras and George Ikkos are editing an English language issue of the journal “Psychiatrike”. This will include mainly contributions from the UK (both division members and others) on clinical and service development and governance issues.

It has been suggested that the HPA UK Division may hold study days in Greece and Cyprus in the future

Other proposed activities:
Nikos Christodoulou, Lecturer in Psychiatry has agreed to lead on trainees, examinations and quality and will work with the support of the executive to bring together internet based information to facilitate Greek doctors who may wish to train in the UK.
Other news:

The World Psychiatric Association (WPA) has published “An Anthology of Greek Psychiatric Texts”. Edited by George Christodoulou, Dimitris Ploumbidis and Athanasios Karavatos this is one of the first volumes published by the WPA to witness different psychiatric traditions and cultures. It is planning a volume of Arab Psychiatric Texts next.

Professor George Christodoulou, Hon. President Hellenic Psychiatric Association has been elected President of the World Federation for Mental Health.

Kostas Agath has been appointed Medical Director of Addaction, the UK’s leading specialist alcohol and drug addiction charity.

Nikandros Bouras, Director of Maudsley International and Emeritus Professor of Psychiatry at the Institute of Psychiatry, has been elected Honorary Fellow Hellenic Psychiatric Association.

Sophia Frangou, Reader in Psychiatry has been appointed Head of the Section for the Neurobiology of Psychosis at the Institute of Psychiatry.

George Ikkos has completed his term as first President of the Royal Society of Medicine Section of Pain Medicine and has been elected President (2012-13) Royal Society of Medicine Section of Psychiatry.

Let us have your news!

Your UK Division Needs YOU!

As you can see we have an active division which aims to contribute to psychiatry in Greece, the UK and beyond. We are looking for interested members to take an active part including joining the Executive Committee. Please contact one of the committee members if you are interested:

- George Ikkos, Chair HPA UK gikkos@hotmail.com
- Dimitrios Paschos, Honorary Secretary drpaschos@hotmail.com
- Eleni Palazidou, Academic Secretary and Honorary Treasurer, leniap@btinternet.com
- Nikos Christodoulou, Lead for Trainees, Examinations and Quality nikoschristodoulou@gmail.com

Best wishes for the festive season!