

 NON-CODING RNA

Emerging roles of tRNA in adaptive translation, signalling dynamics and disease

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Abstract | tRNAs, nexus molecules between mRNAs and proteins, have a central role in translation. Recent discoveries have revealed unprecedented complexity of tRNA biosynthesis, modification patterns, regulation and function. In this Review, we present emerging concepts regarding how tRNA abundance is dynamically regulated and how tRNAs (and their nucleolytic fragments) are centrally involved in stress signalling and adaptive translation, operating across a wide range of timescales. Mutations in tRNAs or in genes affecting tRNA biogenesis are also linked to complex human diseases with surprising heterogeneity in tissue vulnerability, and we highlight cell-specific aspects that modulate the disease penetrance of tRNA-based pathologies.

tRNAs are ubiquitous nucleic acid entities that are the most abundant of all small non-coding RNA molecules, constituting 4–10% of all cellular RNA. They are a fundamental component of the translation machinery in that they deliver amino acids to the ribosome to translate the genetic information in an mRNA template-directed manner into a corresponding polypeptide chain¹. The discovery of this canonical function of tRNA as an adaptor molecule in translation is considered to be one of the pioneering triumphs of molecular biology. However, various studies have revealed that far from being a simple adaptor molecule, tRNA has a surprising range of functions. For example, high-resolution structural data of the translating ribosome have brought new insights into the substantial conformational plasticity of tRNAs (reviewed in REF. 2), and global approaches using high-throughput sequencing technologies have provided important insights into tRNA diversity, both in terms of variations of the tRNA genes among species and in terms of the unexpected diversity of tRNA-derived fragments that are not merely tRNA degradation debris but have active roles in stress signalling^{3,4}. Furthermore, several diseases are caused by dysfunctions of numerous aspects of tRNA biology, including mutations in tRNAs themselves and in the auxiliary proteins involved in tRNA biogenesis and modifications^{5–9}.

Several excellent reviews describing tRNA biogenesis, structure, modifications and its function in translation have been published^{1,2,10–13}. Here, we focus on emerging

concepts regarding the dynamics of tissue-specific tRNA expression and abundance, and present updated views concerning the mechanisms of tRNA involvement in stress regulation, with a particular emphasis on stress-induced tRNA fragmentation as a signalling paradigm. We also provide examples of various tRNA-linked diseases. Strikingly, the tissues and organs affected by the pathology differ in each disease despite each tissue harbouring the same disease-causing mutation, and so we discuss their molecular mechanisms in the context of cell specificity and tissue specificity.

tRNA biogenesis and structure

tRNA molecules are synthesized as precursors that are then processed by a sequence of maturation events. These maturation events include removal of the 5' leader, trimming of the 3' trailer, splicing of introns, addition of the 3'-terminal CCA residues by a CCA-adding enzyme (reviewed in REF. 13) (FIG. 1a) and covalent modification of multiple nucleoside residues (BOX 1). Only correctly processed tRNAs leave the nucleus through a nuclear receptor-mediated export process, which serves as a checkpoint for sorting tRNAs with incorrectly processed termini.

Mature eukaryotic tRNAs are prepared to function as an adaptor in translation by the covalent attachment of an amino acid to the adenosine at the invariant 3' CCA tail. This reaction is catalysed by 20 different aminoacyl tRNA synthetases (aaRSs), each of which is specific for

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doi:10.1038/nrg3861

Published online

23 December 2014

Anticodon

Nucleotides 34, 35 and 36 of each tRNA that recognize a specific codon of mRNA.

A-site

The site of entry of the aminoacyl tRNA in the ribosome.

Codon

Three consecutive nucleotides on mRNA that encode one amino acid.

the 20 different amino acids¹⁴. aaRSs discriminate cognate tRNAs primarily by their anticodon loop and the discriminator base (N73) located before the 3' CCA tail (FIG. 1b), and specificity is 'fine-tuned' by interactions with structural elements that are unique to particular tRNAs¹⁴. Charged with its cognate amino acid and in a complex with the elongation factor (EF1A in eukaryotes and archaea, and EF-Tu in bacteria), each tRNA reaches the A-site of the ribosome and base-pairs its anticodon with the corresponding mRNA codon. Thus, to fit the same ribosomal site, the architecture of all tRNAs conform to a narrow set of structural parameters constrained by common identity rules² and structural

features¹⁵; however, they differ enough to serve their unique roles in decoding a specific codon (FIG. 1b). In contrast to nuclear-encoded tRNAs, the mitochondrial-encoded tRNAs (mt-tRNAs) show broader structural heterogeneity⁸ as a result of the rapid evolution and minimization of the mitochondrial genome¹⁶.

Shaping the tRNAome in cells and tissues

tRNA repertoires in genomes. Of the 64 possible codons (triplets), 61 codons are sense codons that collectively encode 20 amino acids, whereas the remaining 3 codons are nonsense (stop) codons. In occasional contexts, stop codons are read through and used to incorporate

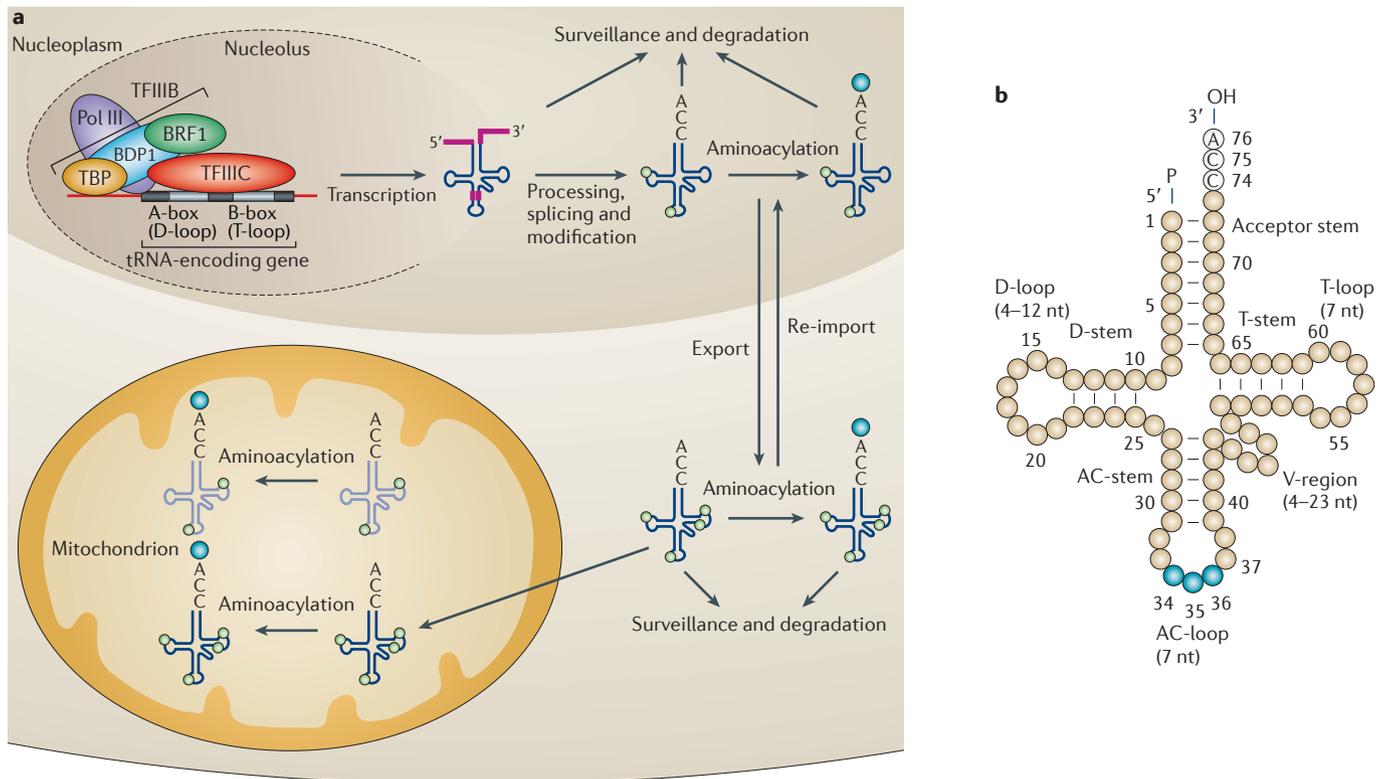


Figure 1 | tRNA biogenesis and architecture. a | tRNA biogenesis comprises multiple processes, including transcription, processing, splicing, post-transcriptional modification of nucleotides (green circles), CCA addition and aminoacylation (blue circle), nuclear-to-cytoplasmic shuttling and import into mitochondria (more details on each biogenesis process are reviewed in REF. 13). Transcription of tRNA genes is a concerted action of binding of the transcription factor TFIIC to intragenic A-box and B-box (which encode parts of the D- and T-stems and loops, respectively), followed by recruitment of TFIIB to the upstream regions, which directs the recruitment of RNA polymerase III (Pol III). The three subunits of TFIIB — B double prime 1 (BDP1), B-related factor 1 (BRF1) and TATA-binding protein (TBP) — are shown. Aberrantly processed pre-tRNAs are eliminated through a nuclear surveillance pathway by degradation of their 3' ends, whereas mature tRNAs lacking modifications are degraded from their 5' ends in the cytosol¹³. Aminoacylation can also occur in the nucleus, albeit to a much lower extent than in the cytoplasm, but it is unclear whether these aminoacyl-tRNAs directly participate in cytoplasmic translation. The reverse process, deaminoacylation, is also possible and occurs spontaneously to a very low extent. As only correctly processed tRNAs can be substrates of aminoacyl tRNA synthetases (aaRSs), nuclear

aminoacylation is suggested to serve as a final proofreading step for the structural integrity of newly synthesized tRNAs¹³⁶. The mitochondrial genomes encode tRNA species (tRNA body shown in lighter blue) that are more bacteria-like, and their 3' CCA tails are not encoded in the gene sequence. Mitochondrial import of nuclear-encoded tRNAs (tRNA body shown in darker blue) compensates for incomplete mitochondrial encoded tRNA (mt-tRNA) sets in some eukaryotes or is redundant in others with a full mt-tRNA set; however, only a maximum of a few nuclear-encoded tRNAs are imported into mitochondria⁷⁹. For some organisms (for example, yeast and plants), the tRNA biogenesis pathway might differ from the depicted pathway (for more details refer to REF. 13). **b** | tRNA identity elements and structure (derived from the crystal structure; [RSCB Protein Data Bank ID: 1EHZ](https://www.rcsb.org/entry/1EHZ)) are shown. The predominantly nuclear-encoded eukaryotic tRNAs, as well as bacterial tRNAs, that function in translation have a length of 73–90 nucleotides (nt) and adopt a 'clover leaf'-shaped secondary structure. The acceptor stem is 7 bp long, the D-stem is 3–4 bp, and the anticodon (AC)-stem is 5 bp. Although in some tRNA species the D-loop can be 4–12 nt long and/or the variable (V) region, starting at residue 44, can be 4–23 nt long, the AC-loop (blue) is always numbered 34–36 and the CCA tail (white) is always numbered 74–76.

Translational frameshifting
A shift in the linear readthrough of mRNA in which the ribosome reads the second or the third nucleotide of a codon as the first nucleotide.

Box 1 | Post-transcriptional tRNA modifications

Among all RNA species, tRNAs undergo by far greatest number of and the most chemically diverse post-transcriptional modifications. Modifications are found at nearly 12% of all residues, with a median of 8 modifications per tRNA¹¹⁷. In eukaryotes, more than 100 chemically diverse modifications have been identified so far, many of which are conserved among organisms (see [MODOMICS database](#)¹²⁰) and between tRNAs encoded in the nuclear or organelle genomes (see the table). Many modifications in mitochondrial-encoded-tRNAs are of bacterial origin^{8,118}.

Modifications in the stem-loops are crucial for tRNA structure and stability, whereas modifications in the anticodon loop affect the tRNA function in translation and increase the accuracy in translation by preventing translational frameshifting^{11,33,119}. Modifications at position 34 (FIG. 1b) are typically associated with increasing the diversity of codon recognition through codon-anticodon wobbling^{13,119}. Modification at this site is conserved in bacteria and eukaryotes, which has evolved in parallel to the species-specific genomic GC content to adapt tRNA gene populations for optimal translation³³. Eukaryotes contain both U34- and C34-containing isoacceptors¹⁸. Furthermore, post-transcriptional modifications at base 37 adjacent to the anticodon loop (FIG. 1b) tune the stability of codon-anticodon interactions. Finally, tRNA modifications modulate the sensitivity of cells to various types of stress and might have implications in many human pathologies¹¹⁹.

Positions	tRNA modification		Function
	Nuclear-encoded tRNA	Mitochondrial-encoded tRNA	
1, 29, 30, 35, 36 and 65	Ψ	Unknown	Unknown
4	Cm and Am	Unknown	Unknown
9	m ¹ G	m ¹ G and m ¹ A	tRNA folding
10	Unknown	m ² G	Unknown
12	ac ⁴ C	Unknown	Unknown
16, 17 and 47	D	Unknown	Unknown
18	m ² G	Unknown	Unknown
20 and 20a-b	D	D	Unknown
26	m ² ₂ G	m ² ₂ G and m ² G	Unknown
27 and 31	Unknown	Ψ	Unknown
28, 39, 55 and 67	Ψ	Ψ	Unknown
32	Ψ, 2'-O-methylribose and Cm	Ψ and m ³ C	Unknown
34	I, Ψ, m ⁵ C, Cm, Gm, 2'-O-methylribose, Q, mcm ⁵ U, ncm ⁵ U, ncm ⁵ Um and mcm ⁵ s ² U	τm ⁵ U, τm ⁵ s ² U, f ⁵ C, s ² U and Q	Wobble base-pairing (codon-anticodon interaction)
37	ms ² t ⁶ A, γW, m ¹ I, I ⁶ A and m ¹ G	m ¹ G, t ⁶ A, i ⁶ A, ms ² A and ms ² i ⁶ A	Stabilization of codon-anticodon interaction and prevention of frameshifting
38	Ψ and m ⁵ C	Unknown	Unknown
40 and 50	m ⁵ C	Ψ	Unknown
41	m ⁵ U	Unknown	Unknown
44	Um	Unknown	Unknown
46	m ⁷ G	Unknown	Unknown
48	m ⁵ C	Unknown	Unknown
49	m ⁵ C	m ⁵ C	Unknown
54	m ⁵ U and rT	m ⁵ U	tRNA stability
58	m ¹ A	m ¹ A	Unknown
64	Ar(p)	Unknown	Discrimination between initiator and elongator tRNA ^{Met}

Conventional abbreviations are used for the modifications: τm⁵s²U, 5-taurinomethyl-2-thiouridine; τm⁵U, 5-taurinomethyluridine; Ψ, pseudouridine; ac⁴C, N⁴-acetylcytidine; Am, 2'-O-methyladenosine; Ar(p), 2'-O-riboseyladenosine (phosphate); Cm, 2'-O-methylcytidine; D, dihydrouridine; f⁵C, 5-formylcytidine; Gm, 2'-O-methylguanosine; I, inosine; I⁶A, N⁶-isopentenyladenosine; m¹A, 1-methyladenosine; m¹G, 1-methylguanosine; m¹I, 1-methylinosine; m²G, N²-methylguanosine; m²₂G, N²,N²-dimethylguanosine; m³C, 3-methylcytidine; m³C, 5-methylcytidine; m³U, 5-methyluridine; m⁷G, 7-methylguanosine; mcm⁵s²U, 5-methoxycarbonylmethyl-2-thiouridine; mcm⁵U, 5-methoxycarbonylmethyluridine; ms²A, 2-methylthioadenosine; ms²i⁶A, 2-methylthio-N⁶-isopentenyladenosine; ms⁶t⁶A, 2-methylthio-N⁶-threonyl carbamoyladenosine; ncm⁵U, 5-carbamoylmethyluridine; ncm⁵Um, 5-carbamoylmethyl-2'-O-methyluridine; Q, queuosine; rT, ribothymidine; s²U, 2-thiouridine; t⁶A, N⁶-threonylcarbamoyladenosine; Um, 2'-O-methyluridine; γW, wybutosine. *Modifications were retrieved from the [MODOMICS database](#)¹²⁰, some of which are reviewed in REFS 8, 117, 119.

selenocysteine, pyrrolysine or phosphoserine¹⁷. Different tRNAs cumulatively decode all 61 sense codons; however, wobbling at the first position of some anticodons reduces the total number of tRNA isoacceptors required. The minimum set of isoacceptors is 30, but only a few bacterial and archaeal organisms encode ~30 tRNAs¹⁸. The actual number of nuclear-encoded tRNA genes varies considerably among organisms, even among closely related species, and generally increases with the complexity of the organism. Nuclear genomes of eukaryotic organisms contain between 171 (for *Schizosaccharomyces pombe*) and 12,794 (for zebrafish) tRNA genes, encoding 41–55 distinct isoacceptors in different eukaryotes¹⁸. In humans, there are 513 nuclear-encoded tRNA genes for 49 isoacceptors, in addition to 22 mt-tRNA genes¹⁸. Moreover, tRNA gene copy numbers show inter-individual variability in humans and can even differ among individuals who share the same ancestry^{19,20}. The large number of tRNA genes arises because the isoacceptors are frequently encoded by an entire family of genes, and hence isoacceptors can be further subdivided into multiple tRNA isodecoders that bear the same anticodon but differ in sequence outside the anticodon²¹. The isodecoders are not simply a result of genetic expansions and neutral drift in larger genomes (see below); they also exist in bacteria and archaea. tRNA isodecoders may serve biologically non-redundant roles, and their expression may depend on the cell type and cell state²².

Given the large numbers of tRNA genes in many organisms, it is metabolically wasteful to express all tRNA genes at the same time. What rules and concepts govern the expression of tRNAs, and what is the effect of differential tRNA expression levels on the cellular proteome?

Variation in tRNA transcription. Eukaryotic tRNA genes are dispersed throughout the linear genome, but characterization of their three-dimensional nuclear organization has revealed that they cluster in the nucleolus²³. This shared nucleolar environment of tRNA genes raises the possibility of coordinated regulation of their transcription. The tRNA transcription cycle involves RNA polymerase III (Pol III) and is primarily guided by two multisubunit transcription factors: TFIIC and TFIIB. TFIIC binds to the intragenic A-box and B-box that encode parts of the D- and T-stems and loops, respectively (FIG. 1). Conversely, TFIIB — which is a complex consisting of B double prime 1 (BDP1), B-related factor 1 (BRF1) and TATA-binding protein (TBP) — is recruited upstream of the transcription start site (FIG. 1a). Overall, the sequence diversity among tRNA genes in the 5' upstream region modulates the strength of Pol III binding²² and is probably responsible for the variability in expression levels among tRNA isoacceptors in a given tissue, which can vary by up to tenfold²⁴. Pol III interactions are likely to underlie the differential expression of particular tRNA genes among tissues of an organism. For example, various animal tissues differentially express multiple isoforms of BDP1 and BRF1 (REF. 25), which may modulate the strength of TFIIB interactions with the 5' regions of different

isodecoder subgroups and thereby tune the tRNA tissue-specific expression. Consistent with this idea, subsets of mammalian isodecoders within one isoacceptor family share common motifs in their 5' regions that might reflect coordinated regulation²⁵. Moreover, the silk-producing glands of *Bombyx mori* specifically express a unique isodecoder of tRNA^{Ala}(AGC), the sequence of which contains a G40U substitution relative to the ubiquitously expressed tRNA^{Ala}(AGC) isoform²⁶. This single-nucleotide substitution is outside the intragenic TFIIC-interacting region or the TFIIB-recognition sequences in the upstream region, suggesting that the mechanisms determining the tissue-specific tRNA expression are far more complex than merely TFIIB- and TFIIC-mediated Pol III binding.

tRNAome composition influences protein biogenesis. The unequal abundance of the tRNA isoacceptors within one cell shapes the non-uniform rate of translation (reviewed in REFS 27,28). Ribosomal speed is precisely regulated along the mRNA through the evolutionary selection of codons pairing to low-abundance tRNAs at specific positions. The transient pauses of ribosomes when these codons are translated facilitate co-translational protein folding (by allowing single domains of multidomain proteins to fold independently) and translocation (by facilitating interactions between the nascent protein chain and accessory factors)²⁸. Consequently, synonymous substitutions can alter the kinetics of translation and ultimately influence protein structure and function^{28–30}.

In less complex organisms, including unicellular eukaryotes, tRNA abundance correlates with the codon usage of highly expressed genes³¹, and tRNA gene copy numbers can be used as a proxy for cellular tRNA concentrations³². In higher eukaryotes, the correlation between the genomic codon usage and tRNA gene frequencies is relatively poor, but is significantly improved when species-specific covalent modifications at the U34 base in the anticodon are considered³³. However tRNA gene frequencies cannot explain the tissue-specific pattern of tRNA expression³⁴. The differential tissue-specific expression of human tRNAs³⁴ mirrors the codon bias of tissue-specific proteins³⁵, indicating that tRNA expression is tightly coordinated with the translational needs of the cell type³⁴. This idea is supported by studies demonstrating that for paralogous genes the paralogue with a codon bias that is most compatible with the tRNA pools in a particular tissue³⁶ is preferentially expressed³⁷. Moreover, the tRNA pools of proliferating versus differentiating human cells show reversed expression signature (that is, tRNAs expressed in proliferating cells are typically repressed in differentiating cells), which reflects the codon usage of the protein-coding genes that are selectively expressed in each cell type³⁵. Interestingly, in each cell type the chromatin landscape (such as histone modification patterns) changes similarly at Pol II-transcribed genes encoding tissue-specific mRNAs and at the Pol III-transcribed tRNA genes that reflect the codon enrichment of these mRNAs; this suggests coordinated transcriptional regulation of an mRNA set and their corresponding tRNAs so that tRNA supply matches demand^{35,38,39}.

Wobbling

Non-Watson–Crick base pairing between the third base in the codon with the first nucleotide of the tRNA anticodon (nucleotide 34 in tRNA numbering).

tRNA isoacceptors

Different tRNA species carrying the same amino acids but with different anticodon sequences.

tRNA isodecoders

Distinct tRNA species bearing the same amino acids and anticodons but with sequence variations in the tRNA body.

Transcription factors

Proteins that bind to specific sequences in DNA and control the transcription of a gene.

Synonymous substitutions

Substitutions of nucleotides in the exons of protein-coding genes that do not change the encoded amino acid.

Codon bias

The difference in occurrence of codons encoding the same amino acid.

Paralogous genes

Genes that arose from a duplication event but have diverged from a parent copy by mutation and selection drift; they may evolve new functions.

Evolutionary malleability of tRNA copies. The greater number and divergence of tRNA genes in vertebrates relative to single-celled organisms may be a result of genomic expansion and neutral drift⁴⁰. However, tRNA diversity is not merely a functionless evolutionary relic: selection of isodecoders with altered sequence of the tRNA bodies modulates the efficiency of aminoacylation and interactions with ribosomes^{41,42}. The question that is then raised is what drives the asymmetry of copy numbers between tRNAs in each organism. A possible explanation is that some tRNAs within particular isoacceptor families are selected to remain at low gene copy numbers (and therefore probably low expression levels) to provide an adaptive and important benefit through shaping the non-uniform translation speed of mRNA to facilitate protein folding and biogenesis²⁸. In support of this view, increasing the copy number of low-abundance tRNAs alters the folding and solubility of many cellular proteins and decreases cell fitness⁴³.

Some isoacceptors are present in only one copy^{18,19}, and a mutation in a singleton isoacceptor, specifically in the anticodon, may be detrimental for the cell. Indeed, a deletion of a single-copy tRNA induces proteotoxic stress, whereas deletion of a tRNA gene from families with multiple copies has a mild effect⁴⁴. In *Saccharomyces cerevisiae*, each tRNA isoacceptor family consists of 1–16 copies, with 6 tRNAs having only 1 copy. Interestingly, in response to the experimental deletion of a single-copy tRNA^{Arg}(CCU) isoacceptor, this *S. cerevisiae* strain evolved over the following 200 generations to compensate for the defect through a single-nucleotide mutation in the anticodon of 1 of 11 isodecoders of tRNA^{Arg}(UCU) from UCU to CCU to substitute for the missing singleton tRNA^{Arg}(CCU)⁴⁵. Thus, mutation-based codon shifting of an isoacceptor from the same isoacceptor family enables rapid compensation of tRNA loss⁴⁵. However, naturally occurring tRNA isodecoders vary in their functionality, including in their levels of aminoacylation and stability⁴⁶, implying that only some isodecoders might be suited for such compensations. Mutations in the anticodon to re-adjust the ratios of tRNA pools within the same isoacceptor family are more frequent than duplications and deletions of tRNA genes; the latter may carry negative effects because of the duplication and/or deletion of adjacent unrelated genetic features⁴⁵. This rapid adaptability of tRNA pools provides evolutionary plasticity to counteract mutations and to maintain translational balance.

Stress-induced dynamics of tRNA pools

Suboptimal growth conditions and various types of environmental stress require rapid and adequate reprogramming of gene expression at different regulatory levels and timescales⁴⁷. Various stress factors alter tRNA pools, and such changes are traditionally viewed as modulating tRNA pools to mirror the codon usage of stress-related genes. However, emerging evidence indicates that tRNAs participate more centrally in stress responses by functioning directly as signalling molecules (FIG. 2).

tRNA cleavage: signalling versus translational inhibition? The earliest reports on tRNA deactivation through endonuclease-induced cleavage in the anticodon loop to produce 5' and 3' tRNA halves come from studies on *Escherichia coli*, in which bacteriophage infection is offset by cleavage of an *E. coli* tRNA⁴⁸. tRNA fragments resulting from cleavage in the anticodon loop were generally considered to be debris of the tRNA surveillance and clearance pathways that degrade tRNAs with altered structural and functional integrity¹³. However, tRNA fragments are now known to occur in organisms spanning all domains of life, in which they perform crucial and conserved functions in regulated responses to different types of stress (for example, nutrient deprivation, oxidative and thermal stress, and upon innate immunoactivation)^{49–53}.

The cleavage events are executed by dedicated stress-inducible endonucleases, such as Rny1 (a member of the RNase T2 family) in yeast⁵⁴ and angiogenin (a member of the RNase A family) in human cells⁵⁵. Notably, the level of mature, full-length tRNAs does not decline significantly^{4,56}, implying that stress-induced cleavage in the anticodon loop is unlikely to be a mechanism of translational repression merely through a depletion of the cellular tRNA pool. The primary targets of angiogenin are tRNAs with CA sequences in their anticodon loop⁵⁷. 5' tRNA halves with a terminal oligo-G motif displace eukaryotic translation initiation factor 4E (eIF4E) and eIF4G, and interfere with translation initiation^{58,59} (FIG. 2Aa) in a manner similar to microRNA-mediated and small interfering RNA (siRNA)-mediated RNA interference. Moreover, 5' tRNA halves, but not 3' tRNA halves, act as stress signalling entities⁶⁰, and specifically reduce translation⁵⁹ and induce stress granule formation in mammalian cells⁵⁸. A recent study has uncovered an additional signalling function of cleaved tRNAs during heat stress: tRNA-derived fragments facilitate the expression of stress-response genes by interfering with their siRNA-mediated silencing⁶¹. 5' tRNA halves (and occasionally 3' tRNA halves) are found in the serum of mice even under normal growth conditions, and their composition changes with ageing⁶². They circulate in the serum as a part of a large nucleoprotein complex, which highlights their potential role as signalling molecules and argues against them being simply debris from the cytoplasmic surveillance machinery.

In general, the specificity of angiogenin for single-stranded RNAs suggests that in addition to the anticodon loop, T-loops and D-loops are also potential cleavage targets for angiogenin, although post-transcriptional modifications at residues in the D-loops and T-loops may mask the nuclease recognition site. Shorter tRNA fragments of 13–30 nucleotides (designated as 5'tRFs or 3'tRFs), resulting from cleavage in either the T-loop or the D-loop, have been identified in organisms spanning all domains of life. It is unclear whether these shorter tRNA fragments also result from nuclease-induced cleavage, but they repress translation via association with the components of the RNA interference machinery and exert microRNA-like functions³.

Proteotoxic stress

A collective term to describe the intracellular stress caused by toxic protein aggregation.

tRNA isoacceptor family

A family of all tRNA isoacceptors carrying the same amino acid.

Endonuclease

An enzyme that hydrolyses the phosphodiester bond between two nucleotides in a sequence.

RNA interference

A process by which short RNA sequences block gene expression by binding to specific mRNAs to cause their destruction.

Although CA motifs are present in the anticodon loops of only a small subset of tRNAs⁵⁷, all tRNA species carry the ubiquitous CCA sequence at their 3' ends. Indeed, in response to severe oxidative stress, angiogenin deactivates all tRNAs by endonucleolytic cleavage within their 3'CCA termini⁵⁷. This response occurs on a much faster timescale than the generation of the tRNA halves (FIG. 2B) and adds another layer of control to protein translation under stress through a global depletion of all translationally competent tRNAs (FIG. 2Ab). Translation is among the most energy-consuming cellular processes, and so a global translational shutdown might be an energy- and resource-saving programme and can be rapidly annulled upon stress relief. Indeed, the angiogenin-induced deactivation of the 3'CCA termini is a dynamically reversible process, and the 3'CCA termini are rapidly repairable by the ubiquitous CCA-adding

enzyme at low metabolic cost⁵⁷. This is in contrast to the metabolically expensive regeneration of tRNAs with cleaved anticodon loops because they can only be replaced through a new transcription cycle.

Alternative roles of tRNAs in stress signalling. The most potent stress-induced inhibition of translation is the repression of translation initiation by kinase-induced phosphorylation of Ser51 of eIF2 α , which selectively represses the translation of mRNAs with scanning or cap-dependent translation⁶³. Stress-specific signatures of the response are shaped by the activation of distinct kinases for each type of stress — for example, haem-regulated inhibitor kinase (HRI) by oxidative stress, general control non-repressible 2 (GCN2) kinase by amino acid-deprivation stress and double-stranded RNA-activated protein-like ER kinase (PERK) by unfolded protein stress⁶⁴.

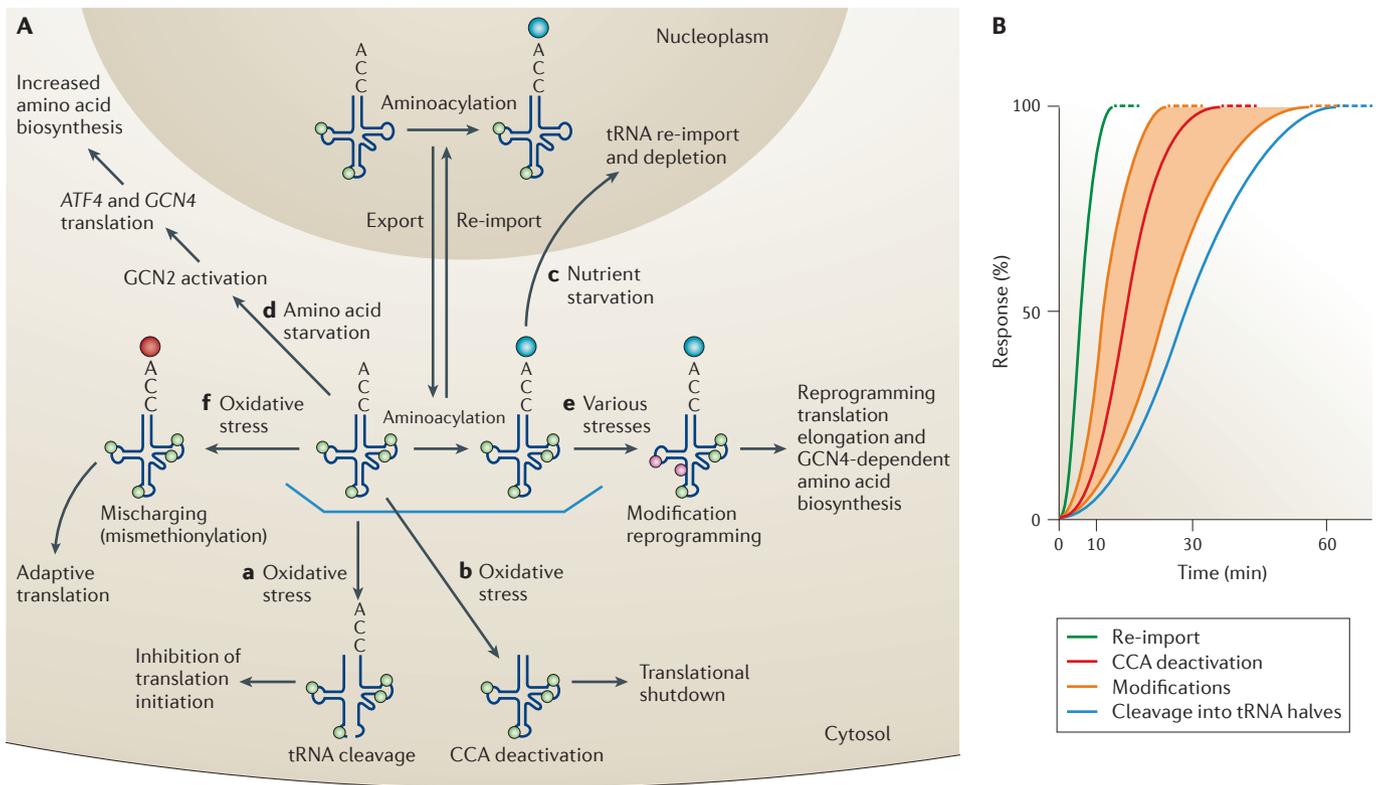


Figure 2 | Stress-induced dynamics of tRNA pools. **A** | The response to environmental stress activates different pathways. **a** | tRNA-derived fragments repress translation initiation through eukaryotic translation initiation factor 4E (eIF4E) and eIF4G displacement^{58,59}. **b** | Oxidative stress-induced deactivation of the CCA tail shuts down global translation⁵⁷. **c** | Nutrient starvation induced by glucose, nitrogen, amino acid or inorganic phosphate deprivation causes tRNA retrograde transport into the nucleus⁶⁵. Mechanistically, nuclear tRNA import provides a means of global translational shutdown by depleting translation-competent tRNAs when nutrients are limited. **d** | Amino acid starvation activates the general control nonderepressible 2 (GCN2) kinase pathways. This leads to increased translation of activating transcription factor 4 (ATF4) and GCN4 mRNAs to enhance amino acid biosynthesis^{66,67}. **e** | Stress-induced modification reprogramming triggers a reprogramming of translation elongation^{68,69}. **f** | Oxidative stress-induced

mismethylation triggers enhanced methionine incorporation through methylation of non-Met-tRNA⁷⁵⁻⁷⁷. **B** | Kinetics of stress-induced alterations in tRNA pools is shown. The graph is a schematic but is based on the current understanding of the timescales of each process of tRNA regulation. tRNA re-import into the nucleus upon amino acid starvation is the fastest process and is accomplished within 10 minutes⁶⁵. The oxidative stress-induced angiogenin-mediated cleavage of the 3' CCA tails of tRNAs occurs within 30 minutes⁵⁷. The cleavage of the anticodon loop of some tRNAs⁵⁷ is a much slower process and is accomplished in a timescale of 60 minutes. The timescale of reprogramming covalent modifications may vary (orange shaded area) depending on the organism, the type of modification and the presence of any adjacent modifications. (P. Dedon, Massachusetts Institute of Technology, Cambridge, USA, and T. Begley, University at Albany Institute, New York, USA, personal communication).

Under deprivation of either amino acids or other nutrients, a proportion of mature cytoplasmic tRNAs are rapidly re-imported into the nucleus as a mechanism for global translational repression⁶⁵ (FIG. 2Ac). In addition, during amino acid starvation, non-charged tRNAs activate GCN2 through binding to its carboxy-terminal domain, which is homologous to histidyl tRNA synthase. GCN2-induced eIF2 α phosphorylation activates the translation of mRNAs encoding activating transcription factor 4 (ATF4) in mammals and GCN4 in yeast (FIG. 2Ad), which are required for the selective transcription of genes in amino acid biosynthesis pathways to increase amino acid biosynthesis⁶⁶. Translation of *ATF4* and *GCN4* are regulated through upstream open reading frames (uORFs) in these mRNAs. The uORFs are only translated in unstressed conditions, which interfere with the translation of the principal *ATF4* or *GCN4* ORFs downstream. During amino acid deprivation, eIF2 α phosphorylation results in the inhibition of tRNA^{Met}-eIF2 α -GTP ternary complex formation, which enables 40S ribosomes to scan past uORFs and instead to initiate translation at the start codons of the *GCN4* or *ATF4* principal ORFs⁶⁷.

Reprogramming of tRNA modifications. Varying sources of stress dynamically shift the population of covalent tRNA modifications (BOX 1) with a specific signature for each type of stress⁶⁸ (FIG. 2Ae). The sequences of stress-response genes often display a significant bias towards certain amino acids or synonymous codons; thus, stress-related alterations in tRNA modification are commonly viewed as an adaptive mechanism to specifically enhance the expression of those genes. For example, in *S. cerevisiae*, exposure to oxidative stress increases Trm4-mediated 5-methylcytosine (m⁵C) modification at the wobble C34 base in tRNA^{Leu}(CAA), allowing selective translation of stress-related genes with over-represented Leu-TTG codons⁶⁹.

However, recent findings argue against this classical view that tRNA modifications primarily fine-tune the expression of stress-related proteins and suggests instead that tRNA modifications have a direct role in stress signalling⁷⁰. The wobble U34 base undergoes the largest number of modifications in cells: addition of carbamoylmethyl (ncm⁵), methoxycarbonylmethyl (mcm⁵) or concomitant mcm⁵ and 2-thio (mcm⁵s²) groups enhances the *in vivo* ability of tRNAs to decode G- and A-ending codons of the six VAA and VAG codons (where V represents A, C or G nucleotides)⁷¹. Loss of mcm⁵, mcm⁵s² or s² modifications at U34 in tRNAs containing these modifications does not compromise translation fidelity but instead weakens the anticodon-codon interactions and reduces the rate of translation of Watson-Crick VAA and wobble VAG codons⁷². Using ribosomal profiling, which is a genome-wide approach for precisely determining the position of ribosomes on transcripts⁷³, Gilbert and co-workers⁷⁰ detected differences of the ribosomal distribution over VAA and VAG codons in yeast cells lacking the mcm⁵s² modification at U34 compared with the wild-type cells; however, this change of ribosomal distribution was insufficient to affect the

protein output. Instead, tRNAs lacking the mcm⁵s² modification were less efficiently aminoacylated¹⁴, and these uncharged species accumulated in the nucleus⁷⁰, activating *GCN4* translation⁶⁷ (FIG. 2Ae) and consequently amino acid biosynthesis⁷⁰.

tRNA mischarging. aaRSs are generally highly accurate, with an error rate of 1×10^{-4} to 1×10^{-5} per reaction¹⁴; however, there are notable exceptions for which lower fidelity charging results in tRNAs bearing non-cognate amino acids. *Candida albicans* is a notable example of a species that uses mistranslation. *C. albicans* regulates the adhesion properties of its cell surface proteins and consequently its virulence by modulating the Ser:Leu ratio incorporated through a single CUG codon that is translated by both Ser-tRNA^{Ser}(CAG) and Leu-tRNA^{Ser}(CAG) that are aminoacylated by either SerRS or LeuRS⁷⁴.

Another example of tRNA mischarging in various species is MetRS, which frequently mismethionylates non-Met-tRNAs⁷⁵. In mammalian cells, the basal mismethionylation of non-Met-tRNAs has been estimated to be ~1% and increases up to ~10% upon viral infections or exposure to oxidative stress⁷⁶. Similarly, oxidative stress enhances the mismethionylation of tRNAs in *E. coli*⁷⁷ and yeast⁷⁵, defining it as a conserved response (FIG. 2Af). Although enhanced Met incorporation through mismethionylated-tRNAs may increase the aggregation propensity of the synthesized peptides and proteins, the beneficial role of enhanced Met misincorporation for cells is to protect them against oxidative damage⁷⁵, which may offset the damage from protein aggregation. Consistent with the idea of the reactive oxygen species (ROS)-scavenging capacity of Met is the extensive utilization of Met as a building block in the mitochondrial respiratory chain complexes, which offsets the effects of highly oxidative conditions in the inner mitochondrial membrane⁷⁸.

tRNAs in disease

Genetic disorders in which tRNA alterations are thought to play a direct part can be classified into two groups of pathogenic mutations: within the tRNAs or in the tRNA processing and modifying enzymes. Additionally, many diseases that do not have a direct mutational link to tRNAs and their associated enzymes nevertheless display alterations in tRNA pools, albeit usually as a secondary effect of the altered disease biology. Intriguingly, the disease phenotypes of many of tRNA-based pathologies are potentiated in a tissue-specific manner, which we specifically emphasize in this section.

Mutations in tRNA genes. Strikingly, for all the identified cases in which human disease are directly linked to mutations in tRNAs, these mutations occur in mt-tRNAs. A possible explanation is that a mutated mt-tRNA is unlikely to be compensated for by other tRNAs: each mitochondrial genome bears a single copy of only 22 mt-tRNAs (there are generally no isodecoders to compensate), and importing a nuclear-encoded tRNA is rare, as such import in humans exists for only tRNA^{Gln}(UUG) (reviewed in REF. 79) (FIG. 1a). The

number of mitochondria per cell varies from hundreds to thousands depending on the energetic needs of each cell. If all mitochondrial genomes in one cell carry a mutation, a condition known as homoplasmy, the effect of this mutation is enhanced. However, a pathogenic mutation in mt-tRNA may also affect a proportion of the mt-tRNA copies, a condition known as heteroplasmy. Manifestation of a clinical phenotype depends on the threshold of mutation-affected mitochondria; this threshold varies among tissues and typically needs to exceed 85–90% to cause organ dysfunction⁸. Whole-genome analyses of patients with these genetic disorders led to the identification of a wide range of mt-tRNA aberrancies with as yet unresolved molecular mechanisms; these mutations are catalogued in variety of databases, such as [MITOMAP](#) and Online Mendelian Inheritance in Man ([OMIM](#))^{5,7,8} (TABLE 1).

A mutation that alters the tRNA anticodon would have severely deleterious effects. However, only few pathogenic mutations occur at one of the anticodon nucleotides; such mutations might be incompatible with early development stages and are likely to be lethal in embryogenesis⁸⁰. In a patient suffering from mitochondrial myopathy and abnormal mitochondrial proliferation in the muscle (ragged-red fibres), the G36 nucleotide within the mt-tRNA^{Pro}(UGG) anticodon was substituted to UGA encoding Ser⁸¹. The authors do not report whether this mutation leads to misincorporation of Pro at Ser UCA codons⁸¹, but it is likely because the discriminator base (N73) and the structural identity of the tRNA for the aaRS remain unaltered¹⁴; therefore, the ProRS might still charge tRNA^{Pro}(UGA) with Pro.

Anticodon structure and tRNA decoding efficiency can be changed through alterations of modifications in the anticodon. The most common mutations (BOX 1) in two mitochondrial encephalopathies — mitochondrial myopathy, encephalopathy, lactic acidosis, and stroke-like episodes (MELAS), and myoclonus epilepsy associated with ragged-red fibres (MERRF) — are linked to alterations in the modification pattern of U34 in the anticodons of mt-tRNA^{Leu}(UAA) and mt-tRNA^{Lys}(UUU), respectively. In MELAS, mt-tRNA^{Leu}(UAA) with mutations in the mt-tRNA body, A3243G (A14 in the D-loop in tRNA numbering)⁷⁶ (FIG. 1b) or T3271C (U40 in the anticodon stem in tRNA numbering)^{82,83} (FIG. 1b), lack taurinomethyl (τm^5) modification at U34, which destabilizes U:G wobble interaction and decreases the fidelity of decoding Leu UUG but not Leu UUA⁸⁴. In MERRF, mutation A8344G (A54 in the T-loop in tRNA numbering) (FIG. 1b) of the mt-tRNA^{Lys}(UUU) prevents 5-taurinomethyl-2-thiouridine ($\tau\text{m}^5\text{s}^2$) modification at the U34 position, rendering the tRNA unable to translate both Lys codons, AAA and AAG⁸⁵ (FIG. 3a). Although both diseases share similar molecular traits — a mutation in a loop that is distant from the anticodon loop perturbs the U34-thiolation of a single tRNA — their pathologies differ substantially. The effect of MERRF mutations is probably more detrimental for the translation of mitochondrial proteins than MELAS; that is, MERRF mutations cause perturbation of the two Lys AAA and AAG codons, whereas MELAS mutations alter the reading of

Leu UUG only⁸. This notion is supported by the loss of cytochrome *c* oxidase (COX) histochemical activity in MERRF, which is preserved in MELAS^{86,87}. Unique to MELAS is the respiratory defect arising from deficiency of respiratory chain complex I — probably due to the enrichment of Leu UUG codons in the genes encoding this complex — and the presence of eponymous stroke-like episodes that can be linked to COX positivity because the absolute amount of COX in the positive blood vessels⁸⁷ (the second tissue together with muscles of MELAS and MERRF manifestation) is substantially higher than normal⁷.

There are numerous additional examples of mutations in tRNA genes causing disease. A homoplasmic mutation A4263G in pre-tRNA^{lle}(GAU) alters its 5' processing by RNase P and reduces the level of the mature form to ~46%, as well as total mitochondrial translation to 32%, of normal levels⁸⁸. Why is the tRNA^{lle}(GAU) mutation connected to hypertension? A possible explanation is that lower tRNA^{lle}(GAU) levels reduce the amount of respiratory complexes I, III and IV, which are significantly enriched in AUC and/or AUU codons that pair to tRNA^{lle}(GAU), thereby lowering substrate-dependent oxygen consumption to 70–80% of normal levels⁸⁸. Consequently, the overall respiratory capacity is reduced, which in turn increases the level of ROS and leads to hypertension⁸⁸. Hypertension in several animal models is alleviated by inhibition of mitochondrial generation of ROS⁸⁹, which supports a direct link between hypertension and oxidative stress. Additionally, a homoplasmic mutation A4435G (A37 in the anticodon loop in tRNA numbering (FIG. 1b)) considerably decreases the level of the mitochondrial tRNA^{Met}(CAU) and consequently reduces translation in mitochondria, which is considered to be an inherent risk factor for hypertension⁹⁰.

Beyond human disease, a C50T mutation in the T-stem loop (FIG. 1b) of the brain-specific isodecoder tRNA^{Arg}(UCU) (encoded by the nuclear gene *n-Tr20*) was recently identified as a background mutation in the C57BL/6J mouse strain; this mutation affects the processing of and significantly decreases the aminoacylation of this tRNA⁹¹. Consequently, this dramatic reduction of translationally competent tRNA^{Arg}(UCU) causes anomalous stalling of ribosomes over Arg AGA codons, but this defect is typically compensated for by the surveillance machinery (including release and ribosome recycling factors). However, C57BL/6J mice that also lack GTP-binding protein 2 (GTPBP2), which assists in the rescue of stalled ribosomes, develop progressive neurodegeneration⁹¹. Intriguingly, *n-Tr20* is specifically expressed in the central nervous system (CNS) and constitutes ~60% of the total amount of all tRNA^{Arg}(UCU) isodecoders in the brain⁹¹; thus, disease manifestation is confined to the CNS despite the non-tissue-specific expression of *Gtpbp2*. Orthologues of *Gtpbp2* and *n-Tr20* have been identified in humans, although it is not yet known whether mutations would resemble the effect in mice. However, the reported results⁹¹ underscore that a mutation in a nuclear-encoded tRNA may itself be phenotypically silent but epistatically exacerbate the deleterious effect of another mutation.

Homoplasmy

The presence of a single mitochondrial-encoded tDNA genotype in a cell.

Heteroplasmy

The presence of a mixture of more than one mitochondrial-encoded tDNA genotype in a cell.

Table 1 | tRNA-related diseases*

Disease type	Disease	Affected gene	Pathological effect	Refs
Mutations in tRNA genes				
Mitochondrial	Combined oxidative phosphorylation defect (COXPD)	MT-TW	Reduced tRNA ^{Trp} (UCA) levels	137
		MT-TR	Reduced tRNA ^{Arg} (UCC) levels	137
Mitochondrial	Mitochondrial encephalomyopathy, lactic acidosis and stroke-like episodes (MELAS)	MT-TL	Impaired 3' processing and reduced tRNA ^{Leu} (UAA) levels	138
		MT-TL1	Lack of τ^m s ² U34 modification and impaired translation of Leu codon UUG	84
		MT-TL1	Reduced activity of tRNA ^{Leu} (UAA)	139, 140
		MT-TH	Mutation in the D-stem leads to tRNA misfolding	141
		MT-TL1	Lack of τ^m s ² U34 modification and impaired translation of Lys codons AAA and AAG	142
	Myoclonic epilepsy with ragged-red fibres (MERRF)	MT-TL1	Lack of τ^m s ² U34 modification and impaired translation of Lys codons AAA and AAG	142
	Cardiomyopathy	MT-TI	Mutation in the D-stem leads to reduced tRNA levels	142
	Chronic ophthalmoplegia	MT-TI	T-stem mutations leads to misfolding and improper 3' end processing	143,144
	Ragged-red fibres (RRFs)	MT-TP	Impaired mitochondrial function	81
	Cataract, spastic paraparesis and ataxia	MT-TE	Mutation in the T-stem disrupts conserved base pairing	81
	Neonatal death	MT-TV	Reduced tRNA levels	145
	Ataxia	MT-TV	Predicted to alter tRNA structure and function	146
		MT-TS2	Predicted to alter tRNA structure and function	147
	Myopathy	MT-TD	Unknown	148
		MT-TM	Impaired tRNA folding and reduced charging level	149
	Leigh syndrome	MT-TW	Unknown	150
	Hypertension	MT-T1	tRNA misprocessing and reduced tRNA ^{Ile} (GAU) levels	88
		MT-TM	Reduced tRNA ^{Met} (CAU) levels	90
Mutations in tRNA processing, charging and modification enzymes				
Metabolic	Type 2 diabetes mellitus	CDKAL1	Mistranslation of Lys codons AAA and AAG	105,106
		LARS2	Reduced charged tRNA ^{Leu} levels	151
Cancer	Breast cancer	TRMT12	Altered tRNA modification	102
Mitochondrial	Myopathy, lactic acidosis and sideroblastic anaemia (MLASA)	YARS2	Reduced aminoacylation	152
	Leukoencephalopathy with brain stem and spinal cord involvement and lactate elevation (LBSL)	DARS2	Reduced aminoacylation	153
	Recessive ataxia	MARS2	Reduced aminoacylation and reduced protein synthesis	153
	Myopathy and infantile Charcot–Marie–Tooth syndrome	AARS2	Reduced aminoacylation	9
Neurological	Intellectual disability	ADAT3	Impaired A-to-I editing at tRNA position 34	100
	Dubowitz syndrome	NSUN2	Impaired modification of tRNA ^{Asp} (GTC)	101
	Charcot–Marie–Tooth syndrome	GARS	Impaired aminoacylation	98
		AARS	Reduced aminoacylation and mischarging	9,95
		KARS	Impaired aminoacylation	9
	Dominant intermediate Charcot–Marie–Tooth syndrome	YARS	Gain of function of mutant YARS	9
	Pontocerebellar hypoplasia	CLP1	tRNA misprocessing and reduced tRNA levels	92,93
Others	Perrault syndrome	HARS	Reduced aminoacylation	154

Table 1 (cont.) | tRNA-related diseases*

Disease type	Disease	Affected gene	Pathological effect	Refs
<i>Alterations in the tRNA pool accompanying diverse disease states</i>				
Metabolic	Type 2 diabetes mellitus	Not directly related to specific tRNA-associated mutation	Increased aminoacylation of tRNAs	114
Cancer	Breast cancer	Not directly related to specific tRNA-associated mutation	Upregulation of tRNAs carrying polar and charged amino acids	110
	Multiple myeloma	Not directly related to specific tRNA-associated mutation	Increased tRNA levels	111
	Various carcinomas	Not directly related to specific tRNA-associated mutation	Increased translation of oncogenic genes	155
Neurological	Huntington disease	Not directly related to specific tRNA-associated mutation	Reduced charged tRNA ^{Gln} (CUG) levels and reduced generation of <i>trans</i> -frame encoded species	112
Infection	Influenza A	NA	Alterations in translationally active tRNA pool	156
	Vaccinia	NA	Alterations in translationally active tRNA pool	156
	West Nile virus	NA	Increased aaRS expression	157
	Japanese encephalitis virus	NA	Increased aaRS expression	157
	HIV	NA	Alterations in the tRNA pool	158

tm^sU34, 5-taurinomethyl-2-thiouridine34; tm^sU34, 5-taurinomethyluridine 34; aaRS, aminoacyl tRNA synthetase; AARS, alanyl tRNA synthetase; AARS2, mitochondrial alanyl-tRNA synthetase 2; ADAT3, adenosine deaminase tRNA-specific 3; CDKAL1, CDK5 regulatory subunit associated protein 1-like 1; CLP1, cleavage and polyadenylation factor I subunit 1; DARS2, mitochondrial aspartyl-tRNA synthetase 2; GARS, glycyl-tRNA synthetase; HARS, histidyl-tRNA synthetase; KARS, lysyl-tRNA synthetase; LARS2, mitochondrial leucyl-tRNA synthetase 2; MARS2, mitochondrial methionyl-tRNA synthetase 2; MT-Tx, mitochondrially encoded tRNA x (where x= single letter amino acid code); NA, not applicable; NSUN2, NOP2/Sun domain family, member 2 encoding cytosine 5 RNA methyltransferase; TRMT12, tRNA methyltransferase 12 homologue; YARS, tyrosyl-tRNA synthetase; YARS2, mitochondrial tyrosyl-tRNA synthetase 2. *This is a selection of mutations; the complete list is in MITOMAP and OMIM. Additional examples of mitochondrial tRNA-related diseases are included in REF. 159, human diseases related to tRNA modifications are reviewed in REF. 119, and human cancer related to mutations in aaRSs are discussed in REF. 9.

Mutations in tRNA processing, charging and modification enzymes. CLP1, which is a newly identified mammalian RNA kinase, is involved in the degradation circuit of some pre-tRNA species in the nucleus. An R140H mutation in human CLP1 impairs interactions of the tRNA with the tRNA splicing endonuclease complex (TSEN) and decreases pre-tRNA processing in fibroblasts and neurons^{92,93}. Affected individuals exhibit brain malformations, microcephaly, developmental delays and intellectual disabilities with symptoms similar to pontocerebellar hypoplasia⁹³. CLP1 kinase-dead mice also show a progressive loss of lower motor neurons and fatal deterioration of motor functions due to enhanced accumulation of introns derived from aberrant processing of the tRNA^{Tyr} precursor⁹⁴. The pre-tRNAs, which escape the cellular clearance system, do not interfere with the translation machinery, but instead sensitize cells⁹³ (through a currently unknown molecular mechanism) to oxidative stress-induced activation of the p53 tumour suppressor pathway⁹⁴. Intriguingly, neurodegeneration shows specific involvement of hindbrain and forebrain in humans⁹³ and motor neurons in mice⁹⁴. Cerebellar Purkinje cells and spinal motor neurons are the largest neuronal cells and are likely to be the most metabolically challenged among all neuronal cells, which may enhance their susceptibility across the mutation spectrum⁹³.

Mutations within aaRS genes reduce their aminoacylation activity and are associated with a range of pathological conditions⁹ (FIG. 3b; TABLE 1). Charcot-Marie-Tooth (CMT) syndrome is a hereditary motor neuropathy linked to mutations in several aaRS genes (TABLE 1). One form of CMT in which some patients also show significant neuronal degeneration⁹⁵ is caused by mutations in AARS (which encodes AlaRS). The resulting defect in AlaRS leads to low Ala-tRNAs^{Ala} levels⁹⁵, although an additional Ser-tRNAs^{Ala} mischarging might also contribute to human CMT pathology⁹. This is similar to the mouse sticky mutation (*Aars^{sti/sti}*)⁹⁶, which is a missense mutation in *Aars* that causes misacylation of tRNAs^{Ala} with Ser. The resulting excessive misincorporation of non-cognate amino acids in the cellular proteome causes protein misfolding⁹⁶ and leads to neuronal degeneration with overt ataxia⁹⁷. The neuronal degeneration of human CMT syndrome and in mice harbouring the sticky mutation is only observed in specific types of cells: neuromuscular synapses in CMT⁹⁸ or Purkinje cells in mice with the sticky mutation⁹⁷. One possible explanation for the vulnerability of specific cells to disease is that postmitotic cells, particularly neurons, seem to be extremely sensitive to the deleterious effects of misfolded proteins⁹⁹, possibly because misfolded proteins cannot be diluted by cell division or because postmitotic cells might be inherently less efficient at degrading them.

Mutations in multiple proteins involved in tRNA modifications have been identified in patients and associated with disease^{100–102} (TABLE 1), although causal molecular evidence for their link to disease pathology is missing for most of them. In one well-characterized example, microcephaly in humans and mice is linked to mutations in the cytosine-5 RNA methyltransferase *NSUN2*, which leads to site-specific loss of m⁵C modification in tRNAs¹⁰³. Lack of these modifications at positions 48–50 (BOX 1) increases the angiogenin-mediated endonucleolytic cleavage in the anticodon loop of tRNAs and reduces protein translation¹⁰³. Intriguingly, although mouse skin cells maintain normal skin homeostasis and develop only high sensitivity to stress, neuronal tissues undergo increased apoptosis and cell shrinkage¹⁰³. Dysregulation of translation alters local protein synthesis that is crucial for synapse development¹⁰⁴, which may explain the higher susceptibility of neuronal cells to damage.

In another example of a defective tRNA modification enzyme underlying disease, mutations in the CDK5 regulatory subunit associated protein 1-like 1 (*CDKAL1*) gene are frequently associated with an increased risk for developing type 2 diabetes mellitus in humans and mice. *CDKAL1* catalyses the 2-methylthio-*N*⁶-threonylcarbamoyladenine (ms²t⁶A) modification of A37 in tRNA^{Lys}(UUU)^{105,106} (BOX 1); this modification is crucial for codon–anticodon interaction and for preventing translational misreading. *Cdak11*-deficient mouse β-cells display a significantly reduced incorporation of Lys residues (which is indicative of misreading of Lys codons AAA or AAG^{105,107}) and altered glucose-induced proinsulin biosynthesis and folding (FIG. 3a).

Alterations in the tRNA pool accompany diverse disease states. Even in the absence of specific alterations in genes closely linked to tRNA biology, various disease states

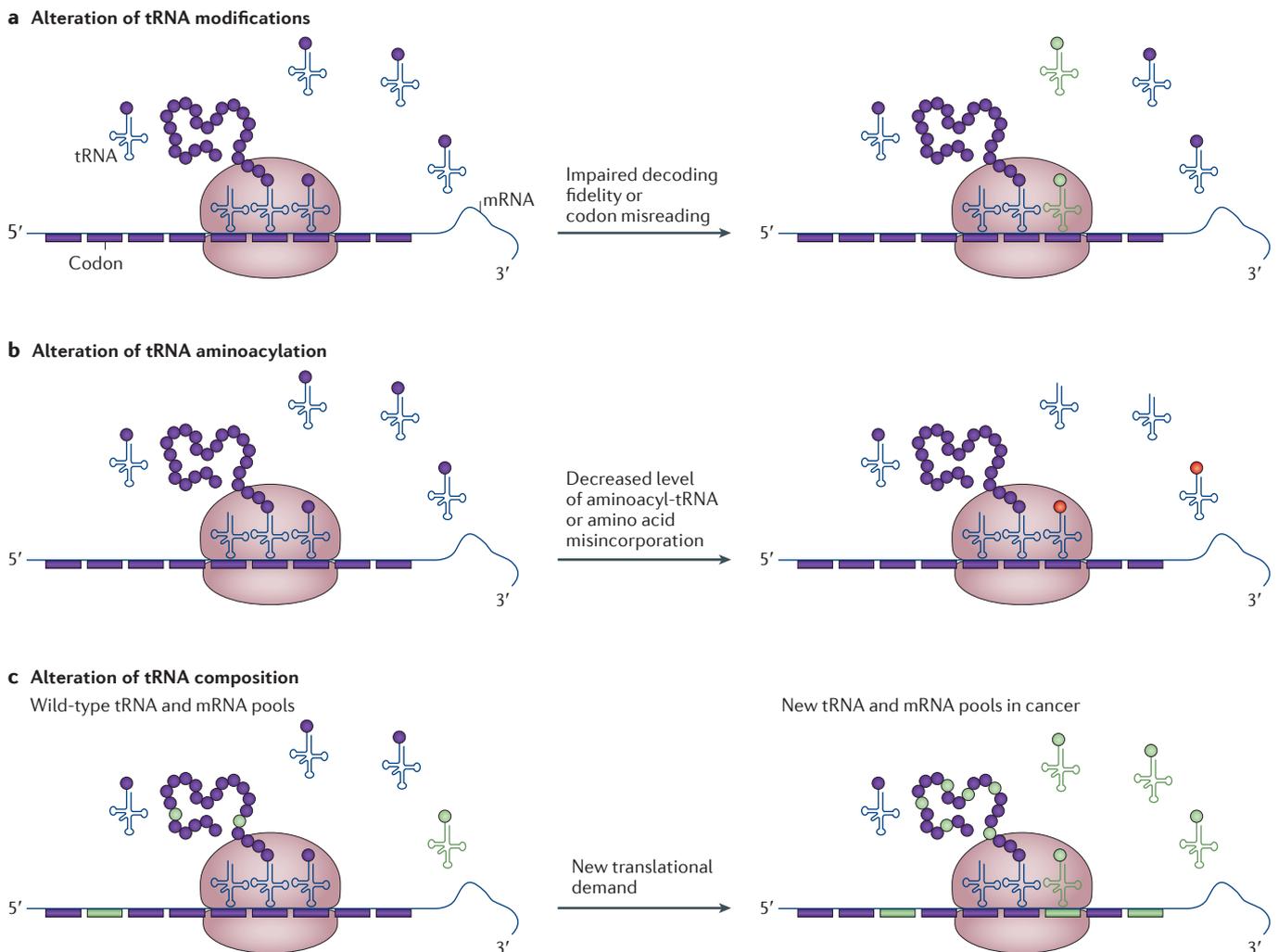


Figure 3 | tRNA alterations and disease. **a** | Mutation-based alterations in tRNA or auxiliary enzymes participating in tRNA modifications impair the translation of proteins enriched in codons read by the mismatched tRNA or lead to misreading of a codon and incorporation of an incorrect amino acid. **b** | Mutations in the aminoacyl tRNA synthetase (aaRS) or stress-induced alterations in aaRS fidelity cause the aaRS to mischarge or lose the ability

to charge tRNA, leading to misincorporation of an amino acid or termination of translation, respectively. **c** | In tumour cells, the composition and concentration of the tRNA_{ome} are modified to meet the new translational demands. Cognate tRNAs (cloverleaf structure), amino acids (circles) and codons (rectangles) are shown in matching colours, whereas mismatched colours indicate miscoding.

show disruptions to levels and distributions of tRNAs in the tRNA pool. To maintain tumorigenic properties, such as elevated proliferation rates, increased expression of anti-apoptotic factors and increased energy demands, cancer cells extensively adjust translational apparatus and the cellular tRNA pool to meet this altered translational demand¹⁰⁸. Tumour cells overexpress components of the TFIIII complex¹⁰⁹, which is required for enhanced transcription of tRNA genes. In breast tumour samples and breast cancer-derived cell lines, levels of nuclear-encoded tRNAs increase by up to threefold, and levels of mt-tRNAs increase by up to fivefold¹¹⁰, which mirrors the increased proliferation and elevated levels of protein synthesis of tumour cells (FIG. 3c). The tRNA levels of malignant plasma cells in multiple myeloma are significantly elevated; however, this accommodates the high translation levels of its tumour-specific monoclonal antibodies¹¹¹. It is noteworthy that tRNA upregulation is not the primary cause for cancer and seems more likely to arise from secondary effects of the altered tumour biology and/or to be a biomarker of cancer.

In some cases, the aminoacylation step can render highly abundant tRNAs to become limited or can modulate the distributions of charged tRNAs in the tRNA pool. Translation of the mutation-expanded poly(CAG) tract of huntingtin in Huntington disease leads to a depletion of charged tRNA^{Gln}(CUG) and shifts the

ribosome to an aberrant *trans* frame¹¹². Intriguingly, the concentration of tRNA^{Gln}(CUG) differs in mouse brain tissues, with the lowest levels in hippocampal and striatal homogenates¹¹², suggesting that frameshifting might be potentiated in these neuronal tissues. The low tRNA^{Gln}(CUG) levels in striatum, in general, imply a lower capacity of this neuronal tissue to translate homopolymeric CAG codons than other neuronal tissues and may provide a link to the observation that the striatum is an early target of Huntington disease pathology¹¹³. As an additional example, chronic demand for insulin in type 2 diabetes mellitus induces endoplasmic reticulum stress which, similar to amino acid deprivation stress, leads to an ATF4-mediated boost in the translation of proteins regulating amino acid uptake and biosynthesis, and of aaRS proteins^{66,114}. Increased plasma levels of Ile, Leu, Val, Tyr and Phe in normoglycaemic human subjects may drive the increased net uptake of branched amino acids (particularly Leu) through ATF4-mediated biosynthesis of transporter proteins, which enhances translational load and additionally increases endoplasmic reticulum stress, promoting β -cell dysfunction and the development of diabetes¹¹⁴.

Conclusions

tRNA genes are more diverse than currently understood, and their functions extend far beyond that of a canonical translation adaptor molecule (BOX 2). With advances in technology and experimental approaches, we are beginning to appreciate the variety of programmes that operate to coordinate tRNA expression to tune translation and protein biogenesis in a cell- and tissue-specific manner, and the precision with which stress response is coordinated at the level of translation. tRNA dynamics provides the necessary plasticity to mount different regulatory layers to cope with stress and promote multiple biological responses.

The availability of genome sequencing data from patients with diverse conditions has already resulted in the identification of several mutations in tRNA genes and in genes involved in tRNA biogenesis (TABLE 1). The task now is to ascertain whether these mutations are the core of the molecular pathology of the diseases. An important factor to note is that multiple mutations may accumulate — for example, in the case of type 2 diabetes mellitus (TABLE 1) — which could epistatically modulate the severity of each disease⁹¹. Recent advances in targeted gene disruption in mammalian cells¹¹⁵ offer a useful tool to assess the contribution of single genes, including tRNA genes, to disease pathology.

Some organs seem to be affected more than others despite the uniform genomic information (that is, mutations) among the cells. Variations in tRNA expression and abundance among different tissues may modulate the effect of tRNA aberrancies in a tissue-specific manner, underscoring the need for accurate quantification of tRNA expression and modification pattern for each specific cell type. This is a key area of study that will enable us to understand more clearly the genotype–phenotype relationship. Despite recent developments in RNA sequencing, high-throughput

Box 2 | Additional roles of tRNA

In addition to their essential role in protein translation, tRNAs participate in a plethora of non-translational activities in eukaryotes, bacteria and archaea. Here, we provide a brief overview of some examples. Although discovered early on (in the 1970s), some of these non-translational functions of tRNAs were considered as fortuitous and random owing to the high abundance of tRNA species in each cell. tRNA genes are highly transcribed and represent one of the most abundant transcripts in the cell; for example, a yeast cell contains ~3 million tRNA molecules¹²¹ and, in *Escherichia coli* growing with a doubling time of 40 minutes, ~200,000 tRNA molecules are present in one cell¹²².

In bacteria, tRNAs bind to Hfq RNA-binding protein and participate in the regulation of the small interfering RNA (siRNA)-driven mRNA silencing during stress¹²³. For example, tRNA^{Gly} is a structural element of the cell wall¹²⁴, Phe-tRNA^{Phe} and Leu-tRNA^{Leu} are substrates of aminoacyl-L/F-transferases that attach Leu or Phe to the amino termini of proteins and mark them for degradation¹²⁵, and tRNA^{Lys} and tRNA^{Ala} are used to aminoacylate membrane lipids to control cellular permeability to cationic antibiotics¹²⁶.

In eukaryotes, examples of non-translational functions of tRNAs include the following: tRNA^{Glu} takes part in the first step of haem and chlorophyll biosynthesis¹²⁷; tRNA^{Arg}-mediated amino-terminal arginylation is a tag for degradation¹²⁸; mitochondrial encoded-tRNAs interfere with a cytochrome *c*-mediated apoptotic pathway and promote cell survival¹²⁹; tRNA genes act as insulators in the human genome where they help to separate actively transcribed chromatin domains from silenced ones¹³⁰; and specific cellular tRNAs or tRNA fragments are primers for reverse transcription of viruses^{131,132}. Furthermore, tRNAs participate in energy metabolism and amino acid biosynthesis, functions that are conserved across all domains of life¹³³. Additionally, a predictive, machine-learning approach identified multiple tRNA interaction partners and revealed a much broader set of putative cellular activities of tRNAs¹³⁴. For example, the interaction with farnesyl-transferase and histone H3 lysine 9 methyltransferase may coordinate the global translation activity with protein modification¹³⁴. Within the 1000 Genomes Project, some tRNA-like species that fold differently from the standard tRNA architecture were identified²⁰. Some isodecoders bind to embedded Alu mRNA elements in 3' untranslated regions and cause a global structural rearrangement of this region to alter the stability of the cognate mRNA¹³⁵.

tRNAome

The collective definition of the entire set of tRNAs expressed in a cell, a tissue or an organism at a given time.

sequencing of the tRNAome offers high power in identifying tRNA species¹¹⁶ but is an inadequate approach for quantification owing to the presence of post-transcriptional modifications, which interfere with the quantitative PCR-based cDNA synthesis. Deep sequencing of only the 3' tRNA fragments, the least modified parts of tRNAs, may offer unbiased

quantification of the tRNAs. tRNA-based microarray technology is an alternative, albeit limited, methodology³⁴ to revealing relative concentrations of tRNAs. With quantitative knowledge of the tRNA biology in different tissues, we will gain a more accurate understanding of the tissue-specific aspects that modulate disease severity and progression.

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Acknowledgements

The authors acknowledge careful reading of the manuscript and numerous suggestions by R. Smock and laboratory members. Work in the authors' laboratory on tRNA and translation is supported by grants from Deutsche Forschungsgemeinschaft, German Federal Ministry of Education and Research, and Marie–Curie Training Network of the European Union.

Competing interests statement

The authors declare no competing interests.

FURTHER INFORMATION

Compilation of mitochondrial tRNA genes: <http://mamit-tRNA.u-strasbg.fr>

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